



LET'S DO CAMPAIGN

How to Keep Healthy to Our Body System

You are going to inform everyone in this city to take care of their health through exploring their body system. Using your powerful words, you will explain it to the citizen how important it is.



Digestive System

I know that the digestive system is for our eating. It starts from the mouth to the stomach. The digestive system is for us to live.

First, the teeth chew up the food so it is easier to swallow. Second, the food goes down to the esophagus and then it goes down to the stomach. Third, the stomach mix and leave it for 4 hours to digest. Fourth, it goes to small intestine and then to large intestine. Last, the waste leaves the body through anus.

If you have diarrhea, you can eat yoghurt to cure it. Go to the doctor if you have any other sickness. Eat healthy!

