



LET'S DO CAMPAIGN

How to Keep Healthy to Our Body System

You are going to inform everyone in this city to take care of their health through exploring their body system. Using your powerful words, you will explain it to the citizen how important it is.



Digestive System

Our digestive system is important for our body because it helps to break down the food into small nutrients and then absorb them by our body.

First, food goes to our mouth. Second, we chew our food. Third, we swallow the food then it goes to esophagus. Fourth, the food goes to stomach and then it goes to small intestine and then to large intestine. Last, the waste leaves the body through anus.

You have to eat healthy food. If we don't eat healthy food, our stomach will get sick.

