



LET'S DO CAMPAIGN

How to Keep Healthy to Our Body System

You are going to inform everyone in this city to take care of their health through exploring their body system. Using your powerful words, you will explain it to the citizen how important it is.



How does digestive system work?

Digestive system is for energy. We get energy from food. In the digestive system, there is mouth, pancreas, liver, esophagus, anus, large intestine, and small intestine.

First, we crunch the food with our teeth. Second, the food go to the esophagus. Third, the food continue to the stomach. Fourth, the food go to small intestine. Fifth, the food go to large intestine then go to anus

We can take care of our digestive system by eating healthy food like apple, banana, avocado, and strawberry. We can also exercise like running and riding a bicycle. If we don't take care of our digestive system, we will get stomach ache.

