

What Are the Differences Between Dental Veneers and Laminates?

Both dental veneers and laminates are procedures to improve your overall appearance and smile. They blend to surround color, shape, and size; most importantly, these treatments are non-invasive. Although, the question arises what is the difference between the two treatments?

What are dental veneers?

Veneers are thin, tooth-colored shells that [top-rated dentist](#) places over the surface of your teeth and improve teeth appearance. This procedure is purely invasive and requires a few layers to be removed to fit and look less bulky.

The procedure used to place veneers is minimally invasive. It requires a small amount of enamel to be removed for them to fit. They are commonly made of two materials such as composite and porcelain. Composite veneers are the less preferred choice because they get easily stained. But it requires less preparation time before the placement, and the patient can walk out just after the treatment.



In contrast, porcelain veneers are costly compared to composite veneers and require the removal of teeth enamel for placement. Also, they provide a natural appearance, are more durable, and can last for ten years. However, they cannot be repaired if they get chipped or damaged.

For the placement of porcelain veneers, the dentist needs to remove some of the enamel and reshape your teeth. This will help to place veneers well fit and avoid bulkiness and unnatural look. This is an irreversible process and poses problems for your teeth because trimming your teeth is more susceptible to getting infected. While you can replace veneers but if removed, your teeth lose protection.

What are dental laminates?

[Laminate veneers](#) have the exact mechanism and function. But they are much thinner than veneers and require much less enamel trimming to fit.

Basically, laminates are advanced porcelain veneers because they both have the same function and benefits. However, with laminates, the enamel and structure of your teeth do not require much alteration. And maybe a better choice for long-term tooth health.

Unlike other dental devices, laminates have limitations, and they are more expensive than porcelain veneers. But have the same thinness as contact lenses, and hardly people can notice your dental appliances. Even sometimes, your dentist won't remove tooth enamel for the placement of laminates. Moreover, your dentist recommends [Laminate Veneers for Stained Teeth](#).



What is the difference between them?

You should know the difference between veneers and laminates, so you can select one of them easily to enhance your teeth and smile. For instance, if you have crooked teeth or gaps between them, then dental veneers are best for you. However, suppose you are more worried about stained or discolored teeth. In that case, **Lumineers Veneers** are the best option because they are very low in weight and require a few layers of enamel removal.

Conclusion

If you have fractured, chipped, knocked, or discolored teeth, you should consider visiting a [Veneers Dentist](#) for proper treatment. Also, they will help you to know what dental appliance is best for you.

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