

Why Veneers for Tooth Discoloration?

Tooth discoloration or stained teeth can be treated with dental treatments such as teeth whitening, veneers, crowns, and composite bonding. Because most teeth are stained caused due of bad habits such as drinking coffee, wine, and smoking, your teeth get dark outside. This is called extrinsic staining and can be easily corrected with dental treatments. Therefore you should consider visiting [cosmetic dentistry Houston TX](#), for regular checkups and deep cleaning at least twice a year.

On the other hand, intrinsic staining is when your inner surface, called the dentin, becomes discolored. This can be caused by trauma or some antibiotics taken at a young age.

Suppose intrinsic staining can be removed with a bleaching solution or teeth whitening. Your dentist may recommend porcelain veneers to provide a better look to your teeth and ideal dental color.

What are porcelain veneers?

Porcelain veneers are thin shells placed over the tooth to remove chipped, cracked, knocked, or discolored teeth. The [best Cosmetic Dentist](#) will reshape your teeth' enamel and take impressions for a series of veneers to place veneers.



Over the next couple of weeks, a dental laboratory will custom-craft your veneer to match the shade and shape of your natural teeth. When your veneer is ready, you will return to our practice to have it placed. This involves lightly buffing the tooth and then adhering the veneer with dental cement.

Maintenance of a brighter smile

Porcelain veneers are more resistant to stains as compared to composite veneers. Also, your teeth become discolored over time, which is one of the best ways to avoid tooth discoloration. Also, you can minimize eating and drinking colors such as tea, coffee, and red wine. But if you need to refresh your teeth and mouth smell, just by adding a regular check at least twice a year with your dentist with some good dental practices.

You shouldn't worry that porcelain veneers cannot be stained; they do not respond to teeth whitening treatments. Moreover, if you whiten your teeth naturally, they may become a shade different from your veneers after some time.

Cosmetic dentistry Near Me can adjust teeth whitening treatment to achieve desired look and brightness. Generally, your dentist may recommend a teeth whitening treatment before [Best Veneers for Stained Teeth](#) to ensure consistent bright shade.

What are the advantages of porcelain veneers?

Porcelain veneers have become very popular cosmetic dental procedures in the last few years to transform hygienic smiles. They will help to retain the original teeth color from stained, chipped, or knocked teeth, so visit your dentist to know if you are a good candidate for veneers.



Conclusion

Suppose you have stained or discolored teeth or are suffering from chipped, knocked, or crooked teeth and feel less confident in public places. In that case, you should consider visiting a dentist for veneer treatment, which will help you enhance your look and smile. Moreover, you should also have good dental practice, such as brushing and flossing at least twice a day and visiting the **best veneers in Houston** for routine checks two times a year.

Article Source : <https://www.techsmarttips.com/why-veneers-for-tooth-discoloration/>