

How Can You Close The Gaps Between The Teeth?

Teeth gaps are a common problem, but some embrace the beauty of gapped teeth, and some feel embarrassed and self-conscious. And sometimes it can be frustrating to have a gapped-teeth. If you want to close [gap teeth](#), talk to your dentist and discuss your problems. Cosmetic dental professionals will surely help you with it.

There are other options instead of veneers, but veneers are much better than the big large labial frenum surgery to remove the extra surgery. People choose dental veneer as a better option as it is easy and less invasive. It is an effective treatment to treat a wide **gap in teeth**. The teeth are shaped and straightened with the help of veneers. Dental veneers are used for cosmetic problems like teeth gaps, the shape of the teeth, the size of the teeth, chips and cracks.



What Causes Teeth Gaps?

The dental word used for gapped teeth is diastema which means the space between the two teeth. Many people have natural space in their teeth, and some acquire gaps in their habits. The distance between the teeth can occur anywhere and be caused for many reasons.

But the most noticeable **gap in the front teeth** makes people conscious. Other causes of teeth openings include:

- If you have missing teeth that have made other teeth acquire the space.

- The teeth may be too small to balance with the jaw.
- Sucking your thumb as a kid.
- Pressing or pushing your tongue against your teeth when you swallow.

The Process to Close Tooth Gaps

Firstly move to **Dental Veneers Houston** and discuss the issue your dentist will examine and tell you whether you are a good candidate for veneers. The dentist will check the teeth for any dental problems before starting the process. The dentist will remove a small layer of enamel from your teeth and fit the veneer perfectly to the teeth and your smile. They will provide you with a temporary veneer until your permanent one is ready from the lab.

As soon as the veneers come, the dentist will call you to place the permanent one and remove the temporary one. The dentist will then place the veneer with a bond and stick it to your teeth, and your dentist will polish the veneer to match it to your shape, size, and colour.



What Happens If Your Tooth Gap Is Too Large?

Too large gaps are generally fixed with porcelain veneers, and the dentist may recommend Invisalign treatment instead of veneers. It is a fast and easy way to improve your teeth, and it is effective in straightening your teeth and is not noticeable after wearing it.

In Conclusion:

If you are considering veneers, consult your dentist before starting the procedure and determine the cause of the gap. A gap that occurs naturally is common and natural, but if it is due to some other reason, treat it, or other dental issues can occur.

Visit [cosmetic dentistry Houston](#) and consult your dentist issues. Book your appointment now.

Article source : <https://www.healthandhealthytips.com/how-can-you-close-the-gaps-between-the-teeth/>