

FIVE HOME REMEDIES FOR TOOTH

ABSCESS:

When there is ongoing inflammation somewhere; the affected cells start to swell, redden, increase in temperature and produce an exudate (pus) which comes out as a fluid-filled red-hot boil. Abscesses themselves are not contagious, but the infection-causing bacteria are. These bacteria start to colonize our teeth when our hygiene becomes poor or when our immunity is compromised. If the condition is uncontrollable visit an [Emergency Dentist Near Me Open Now](#).

A dental abscess can be cured by a **dentist open on Saturday near me**, but there are some **home remedies for tooth infection** that can help diminish the symptoms of the infection, are given below:



Saltwater rinse:

Saltwater is a simple and affordable solution for temporary relief of the abscessed tooth. It can also help to improve wound healing and healthy gums. Swish the saline solution around inside your mouth for at least two minutes. Repeat the procedure up to three times a day regularly. If this remedy doesn't offer effective relief, may contact the **Emergency Dental Clinic Near Me**.

Baking soda:

It is another easy and affordable option of **tooth abscess home remedy** to cure an abscessed tooth. It is easily available in every persons' kitchen. Baking soda is a wonderful option for eliminating plaque as it comprises antibacterial properties. You can use it with 1/2 cup of water along with a pinch of salt. Then swish the solution in your mouth for up to five minutes. Repeat this remedy up to two times per day.

Oregano essential oil:

Oregano oil is a vital oil that can be obtained in a health food store or drugstore. You can also get it online. Since It contains antibacterial and antioxidant properties, it may help deduct the swelling and pain of an abscessed tooth. Stir some drops of oregano essential oil 1 ounce of carrier oil. Apply this mixture with the help of a cotton ball or swab to the affected area up to a minimum of two or three minutes. Rinse after ten minutes. Follow this process repeated up to three times a day.

Cold compress:A cold compress also assists decrease pain and swelling. Put ice cubes in a dry piece of cloth or a dry towel. Maintain a compression against the skin area near the affected area. You can repeat this method numerous times a day.

**Fenugreek tea:**

It also contains antibacterial properties and has been used as a home remedy for a long time. It helps in healing wounds and reducing inflammation. You can find it anywhere easily. You can prepare fenugreek tea by adding a cup of water and 1 teaspoon of ground fenugreek after heating the mixture. Let it cool down and apply some amount of it to the affected area using a cotton ball. Replicate the method up to three times a day.

When to visit a doctor?

Since an abscessed tooth is a serious stage of infection and may spread further to other parts of the face and eyes. It is essential to get the treatment at the right time. Therefore, if you have an abscessed tooth, contact your dentist as early as possible.

If you don't find these remedies helpful in reducing the infection or pain, consult [Dental Emergency Near Me](#).