

How Many Days of Rest Do You Need After Wisdom Teeth Removal?

Your back molar, also known as wisdom teeth, are the teeth that usually come between the ages of 17 and 21. Because many people don't have enough room for extra teeth to accommodate, wisdom teeth can lead to various problems.

If you are suffering from the same problems, you should visit [Emergency Dentist](#), who will recommend surgery to remove them. Wisdom teeth removal surgery is widespread, takes a week to heal, or may depend on specific cases. Recovery may take longer if the wisdom teeth are impacted or haven't emerged below the gums. But the question arises [How Long is Wisdom Teeth Recovery?](#)



On surgery day

Wisdom teeth extraction is an outpatient surgery, meaning you come and go on the same day. If your dentist uses local anesthesia or sedation during the surgery, you can wake up after the procedure. But if they have used general anesthesia, it takes longer for you to wake up; hence you'll need a recovery room. You should see a dentist about the dental sedation process.

You may find slight swelling and pain just after the procedure. On the first day of recovery, you may get some bleeding in your mouth. You should use an ice compressor and over-the-counter pain killer to relieve pain.

You also consider having someone to drive you home because you won't be able to drive for an extended time after tooth extraction surgery. Also, you should avoid using some items in your mouth, like straws, because this can lead to complications.

Long-term recovery

Most people recover from wisdom teeth in three to four days, and it may take a few weeks to recover if you have impacted teeth or come at some angle. The extraction surgery site wound won't completely heal for months. There are high chances of developing an infection after a week of surgery. You should be cautious and take care of the healing area.



You may resume your activities the day after the wisdom teeth removal surgery. However, you should avoid dislodging stitches or blood clots on your wounds. Here is a list of activities you should avoid to heal your teeth faster:

- Exercise in which you may hurt your mouth
- Smoking
- Spitting
- Drinking from a straw

Some swelling, pain, and heavy bleeding after the wisdom teeth removal. You should consider contacting [24 Hour Emergency Dentist Near Me](#) if you experience pain or excessive bleeding.

When to see 24 Hour Emergency Dentist?

Your symptoms, like pain and bleeding, should vanish after the third day of surgery. However, if you find continuous bleeding or pain, seek help from your doctor for any such symptoms:

- If you find it troubling while swallowing or breathing
- A little fever
- If your medication is not effective
- If the swelling gets worse day by day.

- Continuous Numbness in your tongue, cheeks, and gums
- Any blood or pus coming out of your nose
- If bleeding doesn't stop after a few days of wisdom teeth removal

Conclusion

Find your wisdom teeth erupting at some angle or crowing the place, which may cause pain and swelling. You should consider visiting [24 Hour Dentist Near Me](#) for proper treatment and diagnosis of such issues.

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