

How To Deal With The Impacted Wisdom Teeth?

Wisdom tooth removal is carried out to avoid future dental issues or to correct a problem. Dental clinics have specialized dentists for carrying out the procedure. This is because the surgery cannot be taken lightly and an absolutely clean environment should be provided. Modern equipment is used and an experienced surgeon with the help of an anesthetist and nurses performs the surgery.



Painful Wisdom Teeth- Causes & Solutions

Often, the eruption of the third molars can cause problems accompanied by wisdom teeth pain, and make an appointment for [Emergency Dental Care](#). The only permanent solution to the pain and other related issues is its extraction. However, many people postpone extraction and depend on temporary solutions. Pain killers are generally taken by patients before they are attended to by a dentist. Brushing your teeth multiple times can also ease the pain temporarily.

Impacted wisdom teeth that cause pain or other dental complications are usually removed. Some dentists and oral surgeons also recommend it. The pain can be either mild or severe depending on the teeth formation and size. If it erupts towards the 2nd molars or in the direction of the tongues or cheeks, you can experience a lot of pain. Depending on the angle, there will be wounds on your tongue and cheeks. This can cause much distress and pain.

Benefits of Wisdom Teeth Extraction

There are some controversies regarding **wisdom teeth removal**. However, most dentists recommend its removal because often, several problems occur. Dentists advise an early removal such as between 20 to 25 years. The reason is that a person's jawbones at this age are not fully developed. Hence, removal is less painful and easy. If the procedure is delayed, the third molars may not be accommodated properly due to restricted space. Sometimes, they may not break through the gums and if it comes out, the gums develop over the protrusion. Consequently, food particles get stuck there leading to painful and swollen gums. Therefore, removal can help you greatly; it not only prevents these problems but also helps in stopping teeth crowding, gum diseases, the formation of tumors and cysts, tooth decay, and **impacted wisdom teeth**.



Extraction Procedure

Wisdom tooth removal is normally done by experienced surgeons. X-rays of your third molars are taken to have a good impression of the position. Your dentist will explain the issues if any. You are given a choice between sedation and local anesthesia. Once this is administered, a tiny incision is made by the surgeon to expose the **tooth infection** as well as the socket. If there is a bone obstruction this is first removed before proceeding with the tooth extraction. The shape, size, and formation of the tooth matter a lot in making the procedure simple or complicated.

Wisdom tooth rotting and breaking, if the roots of the tooth are enveloped around the jawbone, the surgery can be time consuming and painful. The incisions are then stitched and the open wound is covered with gauze. Healing instructions are provided by the dentist; these have to be followed diligently.