

What Are The Symptoms Of Periodontitis Diseases?

Periodontitis is a severe gum infection that may damage the soft tissue. If left untreated, it can destroy the bone support and teeth. Periodontal diseases can cause loose teeth or may lead to tooth loss.

Periodontitis is very common but can't be reversible. It's usually caused due to poor oral health and hygiene. Therefore you should not compromise your dental practices, such as brushing and flossing your teeth atleast twice a day and visiting [Emergency Dentist Open 24 Hours Near Me](#) for a routine checkup atleast two times a year.



Periodontal Disease Symptoms

Healthy gums are pale pink and fit snugly around your teeth. Here are some signs that you be suffering from periodontitis diseases:

- Swollen gums
- If you feel any tenderness while touching your gums
- Bright reddish, dusky red, or purplish gums
- Bad odor
- If you notice blood after brushing or flossing your teeth
- Pus pocket in between your teeth and gums
- Loose teeth or loss of teeth
- If your gums bleed easily
- Painful while chewing and eating
- If new spaces develop between teeths

- Receding gums, you may feel your teeth get longer
- If you find pinkish skin after brushing

When to see a dentist

Find any pain, swelling, or inflammation. You should visit a dentist for [periodontitis treatment](#) and diagnosis of the issue. The sooner you contact the dentist, the better your chances of reversing the damage from periodontitis diseases.

Causes

The development of periodontitis starts with a sticky, firm layer of bacteria called plaque. If left untreated, your plaque advances to periodontal diseases; here is how it happens.

Plaque buildup on your teeth due to sugar or food particles interacting with bacteria normally found in your mouth. Therefore you should brush and floss regularly or atleast twice a day to prevent plaque formation.



Furthermore, plaque hardens under your gumline and forms a tartar layer on your teeth. The longer the plaque and tartar stay on your teeth, the more damage they can do. Also, tartar is difficult to clean with regular brushing and flossing because it's filled with bacteria.

Plaque causes gingivitis disease, which irritates and inflames parts of your gums tissue around your teeth. However, your dentist and proper treatment can reverse gingivitis.

If left untreated, gums inflammation can cause periodontitis, in which plaque and bacteria pockets develop in between your gums and teeth. As time passes, the pocket becomes more profound and filled with bacteria, causing loss of tissues and bone. Or sometimes, you may lose one or more teeth and strain your immune system.

Risk factors

Here are some factors that can increase the chances of periodontitis include:

- Gingivitis disease
- Poor oral habits such as smoking or chewing tobacco

- If you don't follow dental practices such as brushing and flossing
- Hormonal changes due to pregnancy or menopause
- Excessive obesity
- Inadequate or deficiency of nutrition and vitamin C
- Genetics dental problem
- If you're on certain medications that cause dry mouth

Conclusion

If you have **periodontitis symptoms**, pain, sensation, bad odor, or discolored tooth. In such conditions, you should visit [Emergency Dentist Near Me Open Now](#) for proper treatment and diagnosis of dental issues.

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