

What Are The Process And Advantages Of Tooth Filling?

Are you someone who has decayed and stained teeth and then, in this situation, takes it seriously as this might cause other oral infections in your teeth? This will also demotivate and degrade your confidence in the audience.

Continue reading the article to acknowledge the advantages of tooth filling.

What is tooth filing?

In the tooth filling process, the damaged and decayed are removed by drilling into them, then filled and packed with the solution known as filling material. The drilling process does the traditional way of tooth filling.

Moreover, the process has now been adapted and upgraded with laser treatment technology.



This type of treatment is painless and also gets finished in a short period.

Another advantage of laser treatment is that it will not require regular checkups, and no routine appointments must be met. Some dentists also use gels that can dissolve the infected tissue.

Which are the different types of filling?

Nowadays, technology has brought multiple changes in medicines and treatments, bringing different types of dental fillings that have a purpose accordingly. The different types of dental fillings are :

- **Gold filling**

This is made in the laboratory and then cemented into the place. The purpose of this filling is to handle the gum tissues and the inlays. These can last more than 20 years. This is considered the best filling material and is often costly and might require multiple visits.

- **Plastic filling :**

These are matched to be the same color as the teeth, and therefore, this is used where a natural appearance. These fillings can get stained easily with dark food like coffee, tea, and tobacco, which might not last like the other fillings. The lasting duration of this is approximately ten years.

- **Silver Fillings :**

This type of dental filling can wear for a longer time. The silver dental filling is more inexpensive than the gold filling. This type of filling might get notified when there is restoration and is not usually used in apparent areas in the audience. This might demotivate you due to its shiny appearance of it.

- **Porcelain Fillings:**

Sometimes, these are also known as inlays or onlays. This is also formed in the laboratory; these are bonded with the tooth. The cost of the porcelain fillings is almost similar to the gold fillings.

The above different types of dental fillings also depict **how much is a tooth filling/ [how much does a tooth filling cost](#)**, so now you can ensure this with a regular dentist as well.



Advantages of tooth Filling :

- This has long-lasting effects.
- This looks like natural teeth without much change.
- The process is safe and also cost-effective.
- This process can bring a cosmetic smile to the applicant.
- Tooth filling can boost your confidence by bringing a cheerful smile to your face.
- You can also get treatment for **chipped tooth filling** and **cracked tooth filling**, which will also boost your self-esteem.

How long does the tooth filling last?

The answer to this will depend on which type of dental filling you are taking. This explains that you are carrying gold, plastic, silver, or anyother because every tooth filling has its own lasting time. But on average, the tooth filling last approximately ten years.

Winding it up :

To maintain your fillings, follow causal oral hygiene practices, and check your dentist regularly or [Emergency Dental Clinic](#) twice a year for cleaning and maintaining hygiene. Brush with fluoride-containing toothpaste and floss at least once daily. For additional care, your dentist will take X-rays if they suspect that one of your fillings might be cracked, damaged, or is "leaking," which explains that the filling doesn't fit tightly or evenly against the debris, tooth, and saliva can seep down connecting the filling and the tooth, that can contribute in the decaying.

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