

Why Do We Experience Wisdom Tooth Pain?

Occasionally, wisdom teeth can cause pain. Because they frequently get impacted, wisdom teeth cannot fully erupt into the mouth, and sometimes they cannot penetrate the gums. According to estimates, 70% of adults have at least one impacted wisdom tooth. You can feel pain due to the impacted wisdom tooth. Other issues and [wisdom tooth pain symptoms](#) could result from this, including:

- Bacteria causing gum diseases
- Infections
- Cavity



An impacted tooth cavity can damage neighboring teeth. Cysts occasionally develop around the wisdom tooth in some individuals. Furthermore, wisdom teeth are more challenging to clean due to their position, which may contribute to poor dental hygiene. These issues could make your dentist or physician advise removing your wisdom teeth. You can easily control tooth pain while you are waiting for the surgery.

How long does wisdom teeth pain last?

How long does wisdom tooth pain last? The wisdom tooth pain, at most, only lasts for a week or ten days. You can easily manage this pain with the help of over-the-counter pain relief medicines like acetaminophen or ibuprofen.

What are at-home remedies to relieve wisdom tooth pain?

Rinse with Saltwater

Dentist Near Me suggests rinsing your mouth with warm saltwater as it helps to kill dangerous bacteria and encourages gum health. When wisdom teeth erupt through your gums, they can occasionally damage or harm your other teeth or develop cysts. So it makes sense to keep harmful bacteria out of your mouth.

Clove oil

Cloves are a natural, common, and readily available toothache remedy. According to a study of **how to stop wisdom tooth pain**, clove oil's active component, eugenol, has anti-inflammatory, antibacterial, and antioxidant properties. You can either buy clove essential oil or boil four to six whole cloves to prepare clove water, which you can use for your sore gums as a massage for **wisdom tooth pain relief**.

Peppermint

Peppermint is a cooling compound that is naturally found in peppermint leaves. It has been noted that Trusted Source provides some pain-relieving benefits in a variety of applications. Despite lacking conclusive evidence, peppermint is frequently recommended as a safe treatment for wisdom teeth discomfort. Consider using peppermint oil directly to your teeth or soaking a cotton ball in a small extract before applying it to your aching gums.



Cold and heat remedy

Applying an ice pack to your cheeks can help to reduce **wisdom tooth pain** and swelling. Furthermore, the numbing properties of cold may ease discomfort. Heat therapy reduces stress and increases blood flow, which speeds up the healing process. You can use either cold or heat, whichever best reduces your symptoms, and treatments might rotate between hot and cold. Apply hot or out to the area for a few minutes multiple times each day.

Conclusion

The above-provided details and information will help you learn some beneficial things regarding wisdom tooth pain and remedies for wisdom tooth pain. For more valuable information, please visit [emergencydentistinhouston.com](https://www.emergencydentistinhouston.com).

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