

What Are The Side Effects Of Teeth Bleaching Or Whitening?

Are you thinking of whitening your teeth? [Teeth bleaching service](#) is a general procedure that people often use to get a beautiful smile. There are many alternatives to whiten your teeth, like whitening kits, whitening strips, toothpaste, etc. But doing this procedure at home or with a professional often has some side effects. The bleaching solution or products used to whiten and brighten your smile can lead to problems like tooth sensitivity or tooth pain. You may experience many other common side effects.

The common side effects you may experience after teeth whitening are teeth sensitivity, gum irritation, teeth discomfort, and ineffective results. Therefore, some people don't have any side effects from a professional teeth whitening procedure, as the **Dentist Near Me** knows how to operate and perform the process in a way that underrates risk.



Side effects of teeth bleaching include the following:

Teeth sensitivity

Teeth sensitivity is the most common side effect that usually occurs. The sensitivity will go off within 48 hours following teeth whitening. You should whiten your teeth with a professional who does the procedure safely and reduces the risk of other problems. Your **Emergency Dental Care** will examine your teeth first before starting the process.

Teeth sensitivity is one of the most common side effects of teeth bleaching. This can happen if the patient has weak enamel or the whitening demands to be assisted precisely. In-office whitening is the best way to reduce the risk of sensitivity during and after treatment, as the professional applies the bleaching agent carefully. **Teeth bleaching Near Me** often recommend specific treatments before teeth whitening, if required, to decrease the risk of sensitivity. For example, dentists may advise patients with dental cavities to acquire dental fillings before the whitening process.



Gum irritation

During or after the teeth whitening process, you may feel gum irritation. In the in-office, the dentist uses dental tools to separate the teeth from the gums. Therefore, you may experience gum disease if you use home teeth whitening treatment kit or whitening strips, if the gums need to be isolated correctly, or if the equipment needs to be appropriately applied. It is better to whiten your teeth with a professional dentist.

Ineffective results

You may expect the best results, but it can't remove the hard stains on your teeth. Only minor stains are removed. Through whitening, your dentist will show you a shade card for the ideal results. Results may be ineffective in many cases.

- **Your Throat or Stomach May Hurt.**

Try not to swallow the bleaching ingredient when whitening your teeth. Consuming or keeping it in your mouth may irritate your throat and stomach, causing severe issues.

These effects will fade away within 48 hours after your surgery. Ask your dentist how to manage these side effects. You should consult your doctor if your symptoms become worse.

In Conclusion:

Patients who receive teeth-whitening procedures in-office do not experience any adverse side effects. You can ask your dentist how you can lower your risk of experiencing adverse effects during or after treatment before you start. Contact a professional [**Teeth Bleaching Dentist**](#) and book an appointment now!

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