

How Long Can a Root Canal Treatment Last?

[Root canal treatment](#) is helpful when a tooth's pulp becomes infected or inflamed by the bacteria, and this treatment can prevent it from needing to be removed. An endodontist can save your natural tooth by removing the pulp from the teeth and cleaning, shaping, and disinfecting the root canals using special tools.



Your dentist cleans the pulp, and the tooth no longer contains living pulp tissue. It is fastened in the area by the periodontal ligament to continue functioning like your other teeth after removing the tooth pulp. Only in some cases does root canal treatment need to retreat; usually, it lasts a lifetime.

To keep your root canal healthy, practice good oral hygiene by brushing and flossing at least three times a day, especially after meals and before bed.

Your tooth can still get affected if it has a root canal. That tooth can still get a cavity on it and but as the nerves are no longer present in that tooth, you may not feel any pain or discomfort or experience any other signs of a cavity. A [Root canal recovery time](#) is less than a week, sometimes depending on the case.

That's why it is essential to get routine cleanings and checkups.

Factors influencing the lifespan of a root canal treatment can be the Quality of Restoration:

After the **root canal process**, you will need a dental filling or crown to restore the tooth. The quality of restoration, as well as its timing, can be a factor that can affect the lifespan of a root canal. It will be better to see a dentist restore your tooth before it worsens, and your tooth will be at a higher risk of complications.

Good Aftercare

Aftercare is essential as your teeth and gums may be sensitive due to the treatment and needs extra care, and your oral health doesn't end with dental treatments. Visit your dentist regularly to determine how long

you need dental cleaning after the treatment. Regular examinations, teeth cleanings, and prompt treatment for problems are imperative to achieving long-term dental well-being.



Consult your dentist:

If you need a root canal treatment, contact a **root canal specialist** to schedule an appointment with the best **root canal specialist near me**. Root canal treatment is the best to treat the tooth nerve and restores the full function of the tooth back. Generally, a general dentist can treat the root canal, but if the case is complicated, an endodontist with special training in root canals may treat the patient.

Conclusion:

Root canal therapy is the most suitable mode to secure your tooth. They can last long if your dentist performs therapy carefully and correctly and you take good care of your mouth. After the treatment, it is vital to keep the area clean. By brushing and flossing gently, you can keep the root canal healthy. If you feel any discomfort or pain, make an appointment and consult your dentist. Leaving it untreated can harm other teeth, too, and can cause other severe dental issues.

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