

Top And Leading Doctor For Knee Treatment!



Are you suffering from **knee pain**, immobilization, and stiffness in your knee which affects your ability to do things? Do taking physiotherapy, doing exercise, steroid injections, and using walking support not relieving pain and the pain remains severe. All the above conditions reveal that you are a candidate for partial or total **knee treatment**. As soon as you notice you must lookout for the best [knee pain specialist](#) in New York who provides personalized treatment intending to enhance patients' well-being.

There are various medical conditions which may lead to **knee pain treatment**. Arthritis is one and most common among them. Some other contributing factors are Genetics, developmental abnormalities, some form of injury, and obesity. As per our **knee pain doctor** best treatment of knee pain is a replacement and it may be recommended for:

- Pain that limits or prevents activities.
- Pain that has not responded to other therapy such as medication, injections, and physical therapy for 6 months or more.

- Arthritis of the knee.
- Severe knee pain prevents you from sleeping at night.
- Patients with damaged joints either by progressive arthritis, trauma, or other rare destructive diseases of the joint
- Decreased knee function caused by arthritis

Types of Surgeries!

There are two main types of surgeries for replacing the damaged -

- Partial Knee Replacement (PKR)
- Total Knee Replacement (TKR)

Let's know about them in detail.



Partial Knee Replacement (PKR): It is a surgery which has been revolutionizing the way patients think and feel about joint replacement technology. This invasive practice can most often be done as an outpatient and feels more like a normal knee than a traditional replacement.

Total Knee Replacement (TKR): It is a major surgery which aims at the replacement of the damaged joint cartilage. It is responsible for severe pain. The lower end of the femur and upper end of the tibia are shaped to let the insertion of the specially built-up metal components into

the gap. The metal tray that is fitted to the upper end of the tibia is teamed up with a plastic bearing.

Benefits of knee replacement:

- Relief from pain
- Improved mobility
- Improved lifestyle

Risks of Knee Replacement

There are various risks associated with a knee replacement. It is said that it will lead to blood clots in the legs that will travel to the lungs (pulmonary embolism).

Other risks involved are-

- Nerve damage
- Severe knee pain
- Bleeding into the knee joint
- nausea and vomiting
- Urinary tract infection etc.

Post Surgery Precautions:

With appropriate care, a replaced knee joint can bring back agility and movement and lead to a more active lifestyle. Top [Knee Doctor](#) suggests that replaced joints need to be taken care of. Such activities which cause the least damage to the new joint should remain restricted. Contact games are avoided though leisure sports can be enjoyed.

Nowadays, surgery has become quite common and more affordable. It is now measured as a safe option for patients with severe osteoarthritis of the knee joint. This is especially an advantage for patients who have end-stage arthritis of the knee. Book an appointment with a **knee specialist** and get the best solution for your knee joint pain.

