

# Do braces come in all colors?

According to the [braces dentist near me](#), traditional braces consist of multiple parts. Sturdy metal bands surround the back molars and hold the arch wires connecting each tooth. Rubber bands secure the upper and lower arch wires to the brackets on each tooth's front surface. There is potential for color there. The elastic ligatures, also known as rubber bands, are available in every color under the Rainbow.



Most color options are intended for children's customers because dentists advise starting orthodontic treatment for children between the ages of 8 and 14. However, some adults might choose a fanciful, transient splash of color for a particular occasion. There are so many **braces colors** available for you to choose from.

[Miami orthodontist specialist](#) give their clients access to a color wheel that shows the range of available hues. These typically resemble an artist's palette. Most orthodontists don't mind if you take a few minutes to select a color since you'll be wearing these elastics until your next appointment.

## What braces can colors make your teeth appear whiter?

Your teeth cannot be whitened by the bands, although they can appear whiter. To do that, request a dark color from your orthodontist. Darker colors like purple, black, and royal/navy blue are the **braces colors that make your teeth look whiter**. However, be mindful that colors like dark green and brown can resemble food. Concentrate on darker or richer colors to make your teeth appear whiter and create a beautiful contrast with your braces and teeth.

## Is it beneficial to select braces colors that compliment your skin tone?

You may consider how they'll enhance your skin tone and make you stand out in a crowd when selecting rubber band colors for your braces. Observations are as follows:

- Bold jewel tones like gold, turquoise, green, magenta, and deep [blue braces colors](#) are fantastic for people with darker skin tones. Still, lighter hues like violet and orange can also make you stand out.
- Colors like berry, wine, and purple might be an excellent way to highlight your olive skin tone if you have them.
- You might want to experiment with warm shades of green, blue, and pink for medium complexion tones (undertones of yellow or gold).



### Which braces colors should we avoid?

It's crucial to establish which colors you should entirely avoid before discussing which color braces go best with them. Some colors can cause your smile to appear less white than it is, and thus you should avoid them altogether. For instance, white is a color that could initially appear as an appealing choice. Actually, having white braces can make your teeth appear less white than they are.

Also, white braces stand out too much next to your teeth since they are so starkly white, and you don't want that to happen since it will make your teeth appear somewhat less white than they actually are. Not to add, white braces can quickly become discolored, even with improper cleaning, which is unattractive.

### Conclusion

We hope the above-provided information will help you learn some interesting and valuable facts regarding braces colors. For further information, please visit [ivanovortho.com](http://ivanovortho.com).

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