

# Why Invisalign Is Practiced?

Invisalign is the modern generation of braces and aligners. The striking feature is they are clear, sturdy, and invisible. They are designed for [teeth straightening](#) by not giving the metal mouth appearance. The goal of this article is to examine this technique of **Invisalign treatment** and to weigh its pros and cons against the traditional braces. This article will also review the role of an **Invisalign orthodontist** for making your teeth aligned as it should be.



The main thing about the **Invisalign braces near me** is they are completely transparent and nobody is going to know that you are on the teeth correction treatment. They are made in a way that hugs your teeth designs and slowly it will change the defective position of teeth into a new aligned one. On the first step, a dentist takes impressions of your teeth. From these molds, clear aligners - **best invisible braces** are devised for a customized treatment plan.

The regular treatment period of the Invisalign takes around one year excluding the **clear retainers** time. In a period of 2 weeks or so your pair of aligners gets swapped with a new one till the desired position is not achieved. With each passing day, your teeth will take the shape of the smile you always wanted to have. These benefits will be achieved through a painless method and without embarrassing memories of braces. If you are concerned about [Invisalign braces cost](#) then don't worry there are various dentists who accept the flexible payment plans.

When you compare Invisalign orthodontics and traditional braces many variations will come to the surface. You can remove these braces whenever you feel like but aim for wearing them for at least 22 hours. However, to get the results that you are expecting comes from

being disciplined enough and following the instruction given by the orthodontist or the Invisalign dentist.

Apart from being clear and removable, Invisalign aligners smoothie framed with no discomfort from the braces and brackets. Many people have reported that traditional braces cause great discomfort in the cheek and tongues. By the simple procedure of invisible braces, you can avoid this discomfort.



Teeth and gum cleaning and oral care are so much significantly easier with invisible braces than those metal braces. Since the aligners are designed in a way that it can be removed whenever it is needed, you may brush and floss your teeth when needed. With old metal braces, brushing and flossing was a serious concern.

Your Invisalign doctor will be aware of five problems that are typical of their person's teeth. These problems can all begin to severe dental wellness issues and should be managed where needed.

1. Overbite - When your upper jaw is protruding over the lower jaw;
2. Underbite - When your upper jaw under your lower jaw;
3. Crowded teeth - when your jawline is not spacious enough for the teeth;
4. Widely spaced teeth - When your jawline is spacious and teeth are coming sparsely;

If you are dealing with these problems look for the **Invisalign near me**.