

EVERYTHING YOU SHOULD KNOW ABOUT CLEAR RETAINERS

Orthodontics is a focused division of dentistry that ventures with the analysis, constraint, and treatment of dental misalignment or malocclusion and facial distortions and helps you in achieving the great denial smile. This can be achieved through [orthodontist near me](#).

Dentists who practice in Orthodontics are termed as the Orthodontist, you can see their practice and what exactly they do at **orthodontist near me**. They have specialized training in the analysis of these issues, as well as therapy planning, treatment, and application.

To provide out orthodontic treatment, **teeth braces** are usually guided first. How long you will have to use them varies on your individual necessities, the average time is 16 to 24 months. This is succeeded by a term of wearing **clear teeth retainers**.



Dental Retainers

Retainers are tools, normally created of wires or clear plastic, that keep teeth in place following a session of teeth realignment with braces. They are practiced to help enhance the appearance of teeth as well as aid in strengthening the realignment method to completion. [Fixed lingual retainer dental](#) is made using casts or impressions of a patients' teeth and gums, to guarantee that they hang as closely as likely.

One purpose of **clear retainers for teeth** is to keep the newly corrected alignment of teeth done by the braces. Through the time of realignment, gum, and bone tissue enclosing the teeth also rearrange to their new positions. This process is new for teeth and makes them susceptible to move to their old locations. Using a **fixed lingual retainer** is a great option to avoid this menace to happen.

There are cases where the teeth may adjust at a quicker rate than the soft and hard tissues encompassing them reshape. So, although the teeth may look straight, once the braces are lifted, teeth could return back to their initial misalignment to fix this **clear retainer after braces** get more important.



[Bonded retainers](#) are used during this phase to retain the teeth straight and in place while keeping the small gaps among the teeth to improve into a more normal arrangement. They also need to be practiced until the

muscles, tissues, gums, and bones in the mouth and jaw to the new setting of the teeth.

The Clear Retainer

One of the types of dental retainers that is getting popularity is the Clear Retainer. This retainer is made of either polypropylene or polyvinylchloride (PVC) compound. It is made by using a frame of the teeth and gums and lay over the entire arch of the teeth. You must be wondering about the **clear retainer cost** is around \$100–\$250, but they are very easy to break or wrap you could be paying this price for more than once.

The Clear Retainer is frequently likened to Invisalign trays. Nevertheless, they vary in that the Invisalign system more prone to be used to move the teeth and to correct an orthodontic problem.

The comfort of Clear Retainers:

The advantages:

- 1) Because they are custom-made to lay over the teeth, they assist to hold teeth in their corrected locations.
- 2) They are expected to be easier to wear and carry than metal braces.
- 3) Patients may be likely to comply more satisfying with carrying them for the necessary period of time per day since they are less obvious (better aesthetics).

Are you interested in knowing more about the dental aligners? Visit ivanovortho.com for more information.