

Invisalign Treatment: Straighten Teeth Without Braces:

An individual understands the importance of a smile that contains nice straight teeth. However, the idea of getting traditional braces can be a difficult treatment option. Wearing conventional brackets and wire braces for a long time can be painful and harder.

It may be an awkward situation for the teens wearing traditional braces as they can spoil their physical appearance and other schoolmates can make fun of them. The wearer can become uncomfortable after wearing conventional braces as not only do foods get trapped in the bracket wires but can lead to plaque accumulation that can end in extensive tooth decay.



Also, for adults who are professionals, conventional braces are even less likable. Thankfully, there is an alternative solution to the traditional braces i.e Invisalign braces.

Invisalign braces are a type of orthodontic treatment that consists of clear, removable aligners that lock into place on the teeth. After that, slowly and gradually aligners help shift the teeth to their desired place. Since the aligners can be removed during eating, brushing, and flossing your teeth like the way you normally do with your regular teeth.

Invisalign Process:

Visit a certified [best orthodontist near me](#) who can start the consultation process to determine whether you are a suitable candidate for the treatment or not. When the decision is made, your **dentist orthodontist near me** will discuss further regarding the treatment process whether you are financially capable or not or you are determined on your decision.

Getting started with Invisalign Aventura:

Your dentist will start the procedure with the impression of your teeth and make a digital plan of your treatment by taking a 3-D image of your bite. Your orthodontist can start working on the treatment plan with the help of these images. With the digital representation, you will be able to find out how your teeth will look at each stage of the treatment. After this, **The best orthodontist for Invisalign near me** will prepare the customized aligners and start your treatment.



What are Invisalign aligners?

The impression of your teeth is sent to the dental lab in order to prepare custom-made aligners in accordance with your teeth impressions and unique treatment plan. It is a fact that metal braces may irritate the inside of cheeks and gums. Invisalign aligners are designed with BPA-free plastic and are easier.

Your [orthodontist Hollywood fl](#) will recommend you wear the aligners throughout the day and night while you rest or sleep. You can remove your aligners for up to 2 hours per day. So when you eat, brush, and floss your teeth or go on a date, you are free to remove the aligners. Visit **An orthodontist that offers Invisalign near me** to get a straight smile.

When you wear aligners, your teeth gradually start shifting into a proper straight and healthy position. On top of that, people around you won't even acknowledge that you are going through orthodontic treatment as they are virtually invisible.

How often do I change aligners?

You will have to visit your **ortodoncista cerca de mi** for up to six weeks in order to get regular checkups.

Your orthodontist will recommend wearing new set aligners every two weeks, advancing you to the next stage of your treatment. In order to have a healthier and straighter smile, visit the orthodontist's office on a frequent basis so that he/she can monitor your **Invisalign North Miami beach** progress and make required adjustments if needed.

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