

What are the Benefits, Side Effects, and Cost of Dermaplaning?

Dermaplaning, also called skin leveling or blading, is a relatively simple-if initially alarming-procedure that can replace techniques like microdermabrasion or chemical peels. With dermaplaning, a dermatologist or trained aesthetician scrapes a surgical blade over the skin at a 45-degree angle, much like shaving. However, besides scraping off just hair, the blade also clears your skin of the dead outer layer of skin cells.

It is natural for your skin to shed dead cells; the life span of a skin cell is about two to four weeks. Sometimes, these dead cells can build up on the surface of the skin rather than sloughing off naturally. On the face, this layer of old cells can magnify skin problems like acne scars and fine lines. It can make your face seem dull rather than bright and youthful.



[Dermaplaning near me](#) with skin leveling, the surgical blade wipes off this unattractive layer of dead skin cells. While there is a tiny risk of cuts, dermaplaning is basically as safe as getting a professional shave. The dermatologists and aestheticians avoid thin-skinned or oddly-shaped areas like the lips, eyelids, and nose and instead focus on larger areas like the cheeks and forehead.

Although blading your face may seem odd, there are a number of benefits to this practice, including:

- Exfoliation without the harshness of microdermabrasion or **chemical peels**
- Shaving unwanted facial hair without worrying about tweezing or waxing
- Quick treatment lasting about 20 minutes
- No "recovery time" necessary since the skin does not get red or irritated
- Smooth, soft skin

What are the Benefits of Dermaplaning?

1. It promotes smoother skin
2. It provides deeper product penetration
3. It diminishes the look of fine lines
4. It also removes soft facial hair that traps dirt and oils
5. It works on all skin types
6. It gives instant results and no downtime
7. It also reduces the appearance of acne scars



These all are the **benefits of dermaplaning**.

What are dermaplaning side effects?

It is a low-risk procedure. After getting the treatment **Dermaplaning side effects** to include slight redness in your face. After dermaplaning, within one or two days some people develop whiteheads on their skin.

After dermaplaning infection and scarring are rare but they do occur. Your doctor may need to treat the scar tissue with a steroid injection to soften the scar tissue in case if you develop any scar from dermaplaning.

In the area where you have the procedure, another possible side effect is a patchy skin pigment which may decrease or disappear as time goes on.

How much does dermaplaning cost?

Per session, [dermaplaning cost](#) may vary depending on the cost of living in your area and the provider you select. Before you book your appointment, get a cost estimate. On one 30 minute session of dermaplaning be prepared to spend up to \$250.

To your dermaplaning treatment, you will be advised to add a chemical peel. Your skin is able to deeply absorb and benefit from a chemical peel in a way it can at other times, right after dermaplaning. An additional \$150 to \$300 is the cost of a chemical peel.