

# What are the Things You Should Know About Botox Treatment?

Are there lines in your forehead or between your eyebrows? These lines are all a natural part of the aging process. What if you don't want to show your age in the form of age lines? Today, you can get **Botox treatments** that will totally eradicate them - at least for a period of time.

## **How is a Botox treatment performed?**

[Botox Treatment Boston](#) is simple and virtually painless. Your treatment can take up to 20 minutes, depending on how many injections are required. These injections are done between the eyebrows, in or around your crow's feet and, if you have furrows in your forehead, these can also be treated. They will begin by first marking the points they will be injecting with a marking pencil. These points will not necessarily be on the line or wrinkle you want to eliminate but will be where your facial muscles contract. You may then receive a topical anesthetic to deaden any pain from **Doctor For Botox**.



## **Post-treatment care**

The first thing you need to do following your procedure is to try to exercise your treated muscles for one to two hours. You should practice squinting, frowning, and raising your eyebrows. This helps work the **Botox Boston** into your muscles. While this can help, it won't impact your results negatively if you forget or don't have the time to do it.

Be careful not to rub or massage those areas that have been treated and do not do yoga, heavy lifting, or any type of strenuous exercise for four hours after the treatment. Also, don't have a facial or take a sauna for four hours after treatment as this could increase the risk of temporary bruising. Also, don't take Advil, vitamin D, or Tylenol after the procedure.

Don't be alarmed if you see some tiny bumps or marks on your face after the procedure. They will go away within a few hours. If you need to apply makeup within four hours after

the **Botox Near me** treatment, use very gentle pressure and avoid rubbing the areas that have been treated.

### **It May take up to 14 days to see results**

It is likely to take at least 7 days before you see the full effect of your **Botox Treatment In Boston**. In fact, it can take up to 14 days before you see the full and final results. This is why most doctors and clinics that perform the Botox procedure will suggest that you wait at least 14 days before deciding if you are pleased with the results.



### **Who is licensed to perform Botox procedures?**

There are no state licenses given to individuals who administer Botox but, individuals are required at the very least to have a Botox certification in order to perform the procedure. Typically, you will have a [Doctor For Botox Near Me](#) do the procedure, but it is possible for their staff such as a registered nurse, physician's assistant, or nurse practitioner to also perform the procedure if they have been Botox certified.

They obtain their **Botox certification** by attending a special class. This class may be held by an organization such as the International Association For Physicians In Aesthetic Medicine or the Esthetic Skin Institute. The National Laser Institute and the MesoAesthetic Training Institute also offer Botox certification classes. There are also universities and colleges that offer this training.

### **Conclusion**

If you decide to have Botox injections, make sure whoever is doing it has a **Botox In Boston** certification. These treatments are medical procedures and need to be viewed as such. The safest alternative is to have your procedure done by or in the office of a plastic surgeon. If you decide to have your procedure done at one of these clinics, ensure the person doing the procedure has been Botox certified.