

# How Does Chemical Peel Procedure Enhance Your Skin?

To gain a clean, fresh, younger, and tighter appearance on their face are the reasons people seek a **chemical peel**. It is also called a derma peel or chem peel. In eliminating or reducing wrinkles, uneven skin tone, acne scars, superficial scars, and age spots, or other blemishes chemical peels can be very effective. From a chemical peel, these are some general improvements:

- Tighter
- Younger
- Lighter
- Clearer

It can be done in one sitting or in a few sessions instead of waiting for results after weeks or months of product applications. This is one of the main advantages of the chemical peel over beauty products.



Also, the chemical peel procedures aren't invasive, drastic, and permanent as compared to some plastic surgery techniques. It is much more than the subtle adjustments to skin moisture levels. It also promises to strengthen collagen as some over-the-counter creams offer.

What it sounds like a [body chemical peel](#) does. To expose the underlying cells and causes new cells to grow it actually removes layers of skin. It has a tight, fresh, bright appearance and fewer blemishes or wrinkles because the regrown skin is new.

## **What does a chemical peel do?**

A variety of **facial skin** issues can be addressed by chemical peels. It can reduce the surface scars such as chickenpox scars, old acne, age spots, or other blemishes as well as reducing the appearance of large unsightly pores prone to blackhead and acne. Stronger **chemical peel**

**on legs** is used to remove wrinkles and to tighten sagging skin such as frown lines at the crow's feet and the mouth around the eyes and even out uneven skin tone. By removing precancerous lesions, peels can also help reduce the chances of developing skincare. These are some problems that can be addressed by chemical peels:

1. Wrinkles
2. Blackheads and Acne
3. Superficial scars
4. Uneven tone and Brown spots



### **What are the chemical peel risks?**

With any medical procedure skin peels using chemicals are considered safe, however, there are potential side effects:

- Permanent blotchy skin or skin bleaching
- There is a risk of fever blisters or cold sores being activated.
- By a chemical peel, some conditions will not be improved

### **What is the best moisturizer after a chemical peel?**

Use a non-comedogenic moisturizer when you start to peel such as Cetaphil, Aveeno, Vanicream, or CeraVe until the skin feels back to normal. It will reduce the chance of redness, bacterial infection, and irritation. By locking in moisture will also promote the healing process.

### **What are the results of chemical peels?**

Following the procedure and depending upon the type, [chemical peel results](#) in a reaction similar to a sunburn. Followed by scaling that ends within three to seven days peeling usually involves redness.

You may need bandages for several days on part of all of the skin that was treated, after the treatment. After a chemical peel, you will need to avoid the sun for several months, since your new skin will be fragile.