

## Dermaplaning - Taking an Extra Step in Skin Care.

If you want to have younger smooth skin, you will have to take an extra step such as seeking outside help. They may take the assistance of a professional in order to achieve their goal. When we start aging, our skin starts sagging, requiring professional derma planning. Such conditions can't be corrected using OTC (Over The Counter) remedies, therefore professional help is the only solution. Get the treatment at [evolution medspa](#) to get productive results.



### **What is derma planning?**

Dermaplaning is a sort of skin treatment that involves an exfoliating blade to remove dead skin cells and hair from your face. This technique is known as micro planing or blading.

Dermaplaning mainly focuses on making your skin surface smoother, younger, and more radiant. This treatment helps remove deep scarring from acne and irregular pockmarks on your skin. It is also utilized to eliminate “peach fuzz” the soft and short hairs on your face.

Make an appointment with your doctor to seek professional help at an **aesthetics medical spa**. This method is performed at the doctor's office. Not only the method is safe but can produce effective results.

## Know The Method:

At first, derma planning may sound scary to you, but in reality, it is a completely simple and painless process. During the **Derma planning near me** procedure, the professionals will scrape the top layer of the skin manually using a blade in order to uncover fresh new skin. This process is executed under the supervision of a doctor or a professional who has licensed to perform it. This method is applicable for acne scars, fine wrinkles, and irregular skin tones.

## Caring for Your Skin After:

However, derma planning is considered a mild procedure. Different people will have different skin conditions, therefore, can be performed differently for each person. Every person will understand that their skin can be of different types. Therefore, it is important to have your skin healthy and clean with a mild facial cleanser. Also, you will have to limit direct sun exposure and most importantly keep your face moisturized. If you experience any side effects of the procedure such as excessive redness or pain, consult your doctor at a [day spa](#).



## Expectations and Realities:

When you grow older, your skin will simply be less resilient and less able to deal with the daily odds of the weather like dust, harmful UV rays, and much more. Derma planning can definitely help where the natural ways don't produce effective results. With derma-planning, you will notice revolutionary results on your face. However, you won't get back the skin that you used to have in your childhood. In order to get the most benefit from the procedures, you will require treatment on a daily basis.

Before considering the treatment, make sure to consult with your dermatologist to gather important facts about the treatment. Therefore, make thorough research and get the treatment only from reputed professionals.

### **how much does derma planning cost?**

Dermaplaning cost is not covered by insurance and the treatments may be charged per session. The costs of each session may vary depending on your geographic location and the qualifications of the doctor you choose. The average cost of the treatment may be up to \$250 for a thirty minutes derma planning session. The professionals may advise having and chemical peel just after derma planning. The cost of a chemical peel can be \$150 to \$300.