

How Is Invisalign A Better Choice For Adults?

Once you decide to straighten your teeth, you may think about which one you should get braces or Invisalign? Ask your dentist whether every treatment option you opt for is valid. You should know about the treatment, how long it will last, and what are the benefits of getting it.

Usually, people go through orthodontic treatment when they are kids or teens to get their teeth straight. However, some adults need them too, but what about the looks? Adults often feel conscious and embarrassed about wearing those metal braces. Well, don't worry. You got the option if you want to straighten your teeth as an adult, then [Invisalign Clear Braces](#) is the best solution for your problem instead of opting for metal braces?

Metal braces can cause discomfort and pain in the gums and teeth sometimes. Therefore, Invisalign is an excellent option to move your teeth slowly back to their position. Let's see why Invisalign is better for adults than metal braces.



How Does it Work?

So if you are considering getting Invisalign, your dentist will check your teeth and make a treatment plan that suits you best. Invisalign is a perfect solution, especially for adults. Invisalign is the best option for mild teeth issues like misalignment or crowded teeth.

If you fit well for Invisalign, your dentist will take an impression of your teeth and send them to [Cosmetic Dentistry Houston Tx](#) lab for custom-designed aligners. Your dentist will call you once your set is ready. You must visit the dentist every 6 to 8 weeks for a routine checkup and to see the treatment progress.

The process will take 12-18 months, and several clear aligners to get the results. You must wear them for 22 hours to get the desired results, a lifetime of happy smiles, and more self-confidence.

Why is Invisalign an excellent option for adults?

They're Less Visible

The best benefit that **Invisalign Houston** gives to adults is that they are invisible and less noticeable. They do not protrude from your mouth, and you can smile without worry! Also, you can remove your Invisalign when you feel embarrassed or self-conscious.

They're More Comfortable

Compared to metal braces, Invisalign is more comfortable and can be adjusted quickly and easily. They give a proper fitting and look good. They apply light pressure helping to move your teeth slowly to their position.

Therefore, aligners can save you a lot of time and keep you away from stress.



They're More Convenient

They are more convenient as they don't need wires and bands to straighten your teeth. You don't have to worry about Invisalign like the metal braces, and you can wear plastic trays at home. Your clear aligner will shift your teeth to their desired position until you return to your dentist for weekly adjustments.

They're Cost-Effective

Invisalign is less costly as it costs less over time than traditional metal braces and can be an ideal choice for adults. You may also ask for insurance from the **Best Dentist In Houston**, who may cover the treatment costs entirely.

In Conclusion:

If you want Invisalign, ask for **invisible braces for adults** today and schedule a consultation to see whether Invisalign is the correct option. BOOK an appointment NOW!

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