

What Is the Process of Wisdom Teeth And How To Get It Correct?



The final and third set of molars are known as the **wisdom teeth**. In case they are properly aligned and healthy they can be an asset, but if you find them to be impacted or crooked then you just have one option and that is to extract them. When wisdom teeth grow horizontally and not in the correct direction then they can damage the adjacent teeth. Looking at this you then must get the jawbone removed.

In case they are kept for a long time then they can trap plaque and cause delays. If they are entrapped in the soft tissue they support the bacteria to grow and cause infection in the tooth. This process of affecting the tooth is known as an **impacted wisdom tooth** which can be very painful at times. Impacted teeth make brushing difficult and due to this, gum disease is likely to develop within these teeth. In the end, you do not have any other option except to go in for wisdom teeth extractions.

How is The Process Carried On?

The teeth are made up of three different layers which include enamel, dentin, and pulp. Teeth are one of those organs that are very important for speech and chewing and are also one of the hardest substances in our bodies. Now, you must be thinking about what these three different

layers are called [wisdom teeth extraction](#). Let me make it clear that Enamel is the outer white part of the tooth whereas Dentin is made up of living cells found in the underlayer and pulp is the soft inner structure that is only made up of nerves and blood vessels.

The [dentist near me](#) will take x-rays of your teeth in the first instance to see what is going on with your wisdom teeth and how much attention it needs. Misaligned or horizontal teeth may need to be extracted at the earliest before they cause any problems. Doing this early can help in preventing more complex and painful extractions later. This makes it easier to remove wisdom teeth in younger people when the bone is less dense and not fully developed. This process of extraction takes a longer time to heal in older people.

What Should You Do After The Extraction is Carried On?



During the first 24 hours of recovery, you may find that bleeding may occur sometimes. So, all you need to do is to place moist gauze over the socket and bite it down on it for 45 minutes so that the bleeding stops immediately. An alternate way to stop this bleeding is to use a moist tea bag as the tannic acid will assist in clotting. Remember that you do not rinse your mouth or spit for the next 24 hours and try refraining from drinking with a straw. Also, you need to stay away from hot liquids as they can cause dislodge clotting which may lead to a dry socket.

To reduce the pain, you can also place ice on the area of the face that has swelling and leave it on for at least 10 minutes for the first 24 hours. You can take certain tablets such as ibuprofen or acetaminophen for minor pain. If needed, the dentist **office near me** can prescribe stronger medications like antibiotics to reduce the pain and stress caused. Dry socket is another common complication that occurs when the blood clots have been removed or have not been formed due to which the healing is therefore delayed.



This can even happen after a few days of **wisdom teeth removal** and it gives off a foul smell which is also very painful. In case you get this kindly visit your dentist and he will treat the socket by placing medication in it. You may also feel some type of numbness in the tongue, lips, or chin and it may last from a couple of days to a couple of weeks or maybe a few months.