

Dental Implants And What You Should Know Before Getting Them

What are Dental Implants?

Dental implants are titanium screws that hold fake teeth that can be permanently fixed into your gums. The process consists of fitting the titanium tooth root into your gums, upon which fake teeth can be mounted. Dental implants are different from dentures in the way that they do not come loose as dentures do. Thus, they both look and feel like normal teeth. They do not only make the patient's dental appearance better, but they also make basic activities like eating and talking which had been made uncomfortable due to a lack of teeth easier.



When should you consider Dental Implants?

It is easy to feel underconfident while smiling with a lost tooth or gaps in teeth. It is also uncomfortable to eat, drink, or talk without a tooth or several teeth. This is where dental implants come in. Dental Implants can not only help you feel better aesthetically but also be more comfortable eating or talking.

There are, however, certain prerequisites for getting dental implants. Since the implant, i.e., the titanium screw is installed in the gums, it is important to have a fairly well-doing gum health. If you have any gum diseases, it is important to get treatment for them first.

There could also be anatomical issues. Thus, the bone height in the upper and lower jaw could be too low. The sinuses could also possibly be too close to the implant anatomically. Hence, a surgeon would have to first operate bone grafting or procedures according to your specific situation. To find out more about this, it is important that you visit your dentist and get a proper diagnosis.

What is the after-care of getting dental implants?

The success of and comfort of your dental implant depends on how well it heals. To aid healing and not interfere in the process, there are several steps that you might have to take. For at least 2-3 days after implant avoid eating hard or excessively warm foods. Eat only soft and either room temperature or preferably cold food items. Regular follow-ups with the dentist would be a must to ensure that your implant is adjusting well. It is essential that you maintain excellent oral hygiene, including flossing regularly. Smoking must be entirely avoided after the implant. It can cause infections, or for the implant to simply not settle into the gum.



Who cannot get dental Implants?

Regular smokers cannot get dental implants as smoking interferes with the healing process. It can also lead to infections and prevent the surgery site from healing completely. People with a high level of diabetes might not be able to get implants either. If you have had any kind of radiotherapy done to your jaw, it is important that you inform your dentist about this. People with gum diseases might also not be able to get dental implants as the **dental implant procedure** needs healthy gum to support it.

How much do dental implants cost?

A **Dental implant cost** more than dentures or other dental solutions for lost teeth. You can find out about [tooth implant cost](#) and a payment plan at your dentist.