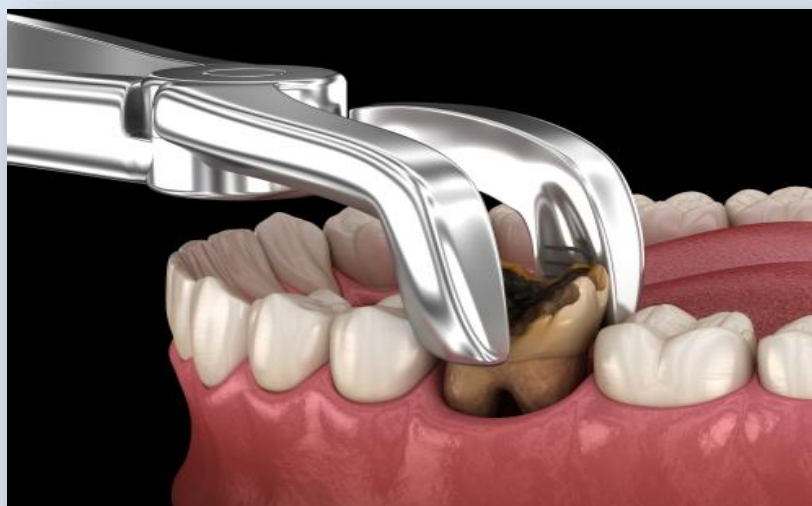


# How Long Does Wisdom Tooth Extraction Take To Heal?

[Tooth Extraction](#) sometimes is necessary to keep your oral and overall health healthy. Removal of teeth can be required for several reasons. Generally, tooth removal is done to remove wisdom teeth. People don't have enough room in their mouths to grow **wisdom teeth removal**, so the dentist generally recommends extracting them to prevent teeth misalignment. When teeth shift from their position, they may cause pain and other oral problems.



After the extraction, the healing process may take time; the healing time can vary from person to person. But you should know better about the after-procedure what to expect. You can consult it with your dental professional if you have any related questions. Your dentist will give you the best aftercare suggestions for your particular needs. With an experienced dental professional, you will feel good, so when you next time go for an extraction, you may not fear it.

Sometimes teeth extraction is needed when you have a severe infection or damage to the tooth. Tooth decay and gum disease can also cause you to remove the tooth.

After the extraction, your mouth will heal. During that period, you have some side effects. These side effects are only for some time. They include:

- Swelling
- Negligible pain
- Bleeding

- Tenderness
- Mouth soreness

Whatever the reason for extracting your teeth, you may expect how long it will take to heal. Here are some things to keep in mind during post-op care:

### The First 24 Hours

You may feel and go through several things during the first 24 hours after your tooth extraction. Blood clots will start to form, and the sutures in the affected area will help the tissue begin to heal. You will encounter a little pain and bleeding from the site during the first 24 hours of your healing process. Usually, **affordable dental** will provide you with a prescription for a pain reliever to ease the painful symptoms.

Therefore, you can return to your daily activities but avoid strenuous activities for a few days. However, limit your athletic activities. It may take some time, but you can return to normal activities like driving once you heal.



Sometimes the swelling can occur around 24 hours post-surgery. You can also use some ice packs to treat the swelling. Apply it externally on your face, and it will reduce quickly. Make sure that if pain and bleeding continue for more than 2-3 days, see your dentist and consult to ensure that no complications arise with your healing process.

### Follow These Steps To Heal Quickly:

- **Take Medications as Directed:**

Your dentist may sometimes provide antibiotics to prevent infections and pain. Take the antibiotics exactly as the dentist has prescribed and finish the directed doses.

- **Keep the Area Clean as Directed by Your Dentist:**

After the **wisdom teeth extraction**, your dentist will give directions to clean the affected area. It is necessary to keep the site clean, as this promotes the healing process faster and prevents infection.

- **Eat Soft Foods:**

Eat soft foods to keep the extraction site under control and ensure there is no damage to the area. Ask your dentist about the foods you can eat, usually soft foods like mashed potatoes, beans, bananas, soups, etc.

### **In Conclusion:**

Avoid eating hard foods and follow your dentist's directions. You can resume your regular diet once you are healed completely. Don't hesitate to call our [Cosmetic Dentistry Near Me](#) in any emergency.

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