

What Are the Steps Involved in Dental Filling Treatment?

Your dentist treats and removes decayed parts of your teeth and then fills the area of the tooth where the decayed material was removed. Also, the dentist uses a filling material to repair cracked or broken teeth.

Procedure

Initially, your dentist will scan and take x-rays to analyze the tooth situation and then use a local anesthetic to numb the area surrounding the tooth.

Next, they will make a section where they use drilling, air instrument, or laser to remove and clean the decayed or infectious diseased area. The choice of device may depend upon the severity, comfortness as well as location, and extent of the decay.



Then, your dentist will examine or test the area to ensure no tooth decay; once the dentist removes the mildew and prepares your teeth for [Dental Fillings Houston](#), cleaning the cavity of bacteria and debris. If your toothy roots are not infectious, your dentist put a glass ionomer liner, composite resin, or white dental material to save the nerve tissue. Later on, after the **Tooth Filling Houston**, your dentist will finish and polish the treated tooth.

If you choose colored filling, your dentist fills the tooth-colored material and applies UV light to fasten the process or harden each layer. When the multilayering process ends, the dentist will shape the composite material into desired results, trims any excess material, and polish the final restoration.

What Types of Filling Materials Are Available?



Nowadays, there are various dental materials available. You can choose your gold filling such as gold, porcelain, silver amalgamation, or tooth-colored, **Composite Dental Filling** and plastic. There is a material that contains glass particles, called glass ionomer. The dentist uses this material in ways similar to composite resin fillings.

Lessening Your Risk of Cavities

Maintaining good dental practices such as brushing and flossing at least twice a day and visiting your dentist for a regular checkup at least two times a year will eliminate the chance of any cavity or infection. Here are some methods that lessen the risk of cavities.

- you should use a fluoride, anti-bacterial mouthwash daily.
- Stick to a healthy and balanced diet.

Will I be able to eat after a filling?

Your dentist instructs you not to eat right after a **Cavity Filling Houston** until your mouth is numb due to the effect of the anesthetic, which can cause you to bite your tongue or the inner mouth. Additionally, your tooth might experience sensitivity to hot and cold foods right after your procedure.

While chewing from the filling side, you should be cautious and avoid hard and sticky food because it destroys your filling or white composite material. Or, if you feel any such problem with your filling teeth, you should visit [Restorative Dentistry Near Me](#).

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