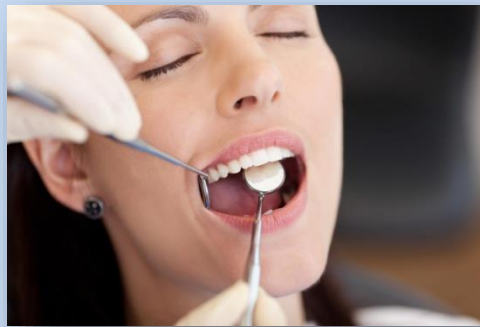


# What Are The Pros And Cons Of Choosing Invisalign?

Many people have crowded or crooked teeth issues that make them feel embarrassed. There are solutions to all cosmetic problems, and braces are one solution for teenagers. Having braces is ok, but if you are an adult, you may feel embarrassed to wear braces and then there comes [Invisalign](#). They are used to fit in your mouth to align your teeth straight in almost 1 year, depending on your case.

Your dentist will take an impression of your teeth and send the impression to a lab to create the trays for your teeth. Your dentist will call you, provide you with the trays, and teach you how to place aligners in your mouth. They will fit in your mouth perfectly, and you must change the set every two weeks.



Aligners are a good option for adults, but as you know, there are pros and cons to using aligners. Please discuss this with your **Invisalign Near Me** before placing the aligners.

## Pros of Invisalign

Here are some of the advantages of getting a clear set of aligners:

### Comfort:

Invisalign is more comfortable than traditional braces as no wires are attached to your mouth. They are a set of clear plastic aligners placed directly in your mouth.

The smooth texture of the aligner will not irritate you like the wires of the braces. There are no sharp edges in aligners to hurt your mouth.

### **More Attractive:**

Aligners are more appealing than braces; braces are a complete set of metal wires in your mouth. Invisalign are clear and is not much visible. So you don't be self-conscious. You can smile freely and talk with confidence. Invisalign has no age restrictions. Consult your [emergency dentist near me](#), for you are a good candidate for Invisalign.

### **Removable:**

The best thing about Invisalign is they are removable, and you can enjoy your favourite foods. You can remove them and eat your food. Make sure that you clean them and clean your mouth before placing them. Better oral hygiene will prevent gum diseases.



### **Minimal Maintenance:**

Invisalign does not need much care, just a little maintenance. You can clean them with a brush and softly brush them with water and bleach, and scrubbing them will remove their stains. Clean them whenever you remove them to eat your lunch or dinner.

### **Cons of Invisalign**

Unfortunately, there are some disadvantages of the clear plastic aligners:

### **Expensive:**

Many people avoid it because it is costly. They are not covered by any dental insurance, and you need to pay all.

## **Wearing Invisalign**

You have to wear them for atleast 22 hours per day to get the desired teeth and **Snap-On Smile**. You only can remove them when you are eating or drinking. Practise good oral hygiene to keep your mouth healthy and gum disease free. You have to wear them regularly to get those straight teeth.

## **Tooth Discomfort:**

Invisalign can be uncomfortable when you get them and fit them in your teeth. Sometimes it can be painful, but it is worth getting straighter teeth. You can ask your dentist for a pain reliever to adjust your teeth.

## **In Conclusion:**

Treatment varies from person to person depending on their teeth' severity. These are the pros and cons of Invisalign. See your dentist for more information and discuss treatment options. Your **dentist In Houston** will suggest you the best options.

Article source : <https://www.bloggingpalace.com/what-are-the-pros-and-cons-of-choosing-invisalign/>