

How Can Dentures Improve Your Appearance And Health?

A denture, also known as 'false teeth,' is a removable dental appliance used to replace one, several, or all missing teeth. If you are someone suffering from a missing tooth problem, you should visit a dentist to get dentures. Read through this article to learn more about how dentures can improve your health.

What are the types of dentures?

There are two main types of [dentures near me](#) available. We have written down both below for your understanding, such as:



1. Complete dentures

A complete denture is a removable prosthesis for people who are entirely missing teeth (who have lost all of their teeth). The soft and firm tissues of the mouth provide the necessary support for complete dentures. The procedure for full denture insertion begins after the restoration of gum tissue. It helps considering that the patient's condition is healthy and acceptable after tooth loss or **cavity filling**, which generally takes 8 to 12 weeks. The following are the critical components of a complete denture:

- The denture base is the denture portion that comes into contact with oral tissues like the palate and bony ridges.
- The flanges of a denture are the parts of the denture that extend into the vestibule (area between lips, cheeks, and teeth)

- Dental implants are affixed to the denture to replace the natural tooth functions.



2. Partial dentures

A partial denture is helpful for people who have lost parts of their natural teeth but still have healthy teeth. It's a detachable appliance held in place by oral tissues and adjacent teeth, which act as abutments (anchors).

A partial denture's primary components include

- The base of a denture is the component that covers the edentulous area.
- Significant connections are the parts of the prosthesis that link one side to the other.
- The direct retainers are the components that keep the partial denture in place.
- A permanent/ **temporary crown** or implant, these article teeth are affixed to the denture base to replace the natural teeth.

How Do Dentures Improve Overall Health?

A denture is an essential part of the general health of those who have lost teeth. The following are some key features of dentures in terms of function, look, and impact on public health:

1. Preservation of the Remaining Teeth

Natural teeth tend to drift into the gap left by missing teeth, causing major bite issues and malocclusion. Suppose you have an untreated, missing tooth for a long time. In that case, the remaining natural teeth may over-erupt, tilt, or become misaligned. It results in TMJ (temporomandibular joint) pain and disorders. The problems that arise from untreated, missing teeth can prevent with partial dentures. It makes contact with neighboring teeth and prevents them from moving.

2. Appearance

Missing teeth can modify your appearance, enhance your smile, and cause psychological problems that interfere with life. It might change the shape of your face and make you appear older. Dentures can incredibly improve appearance.

3. Speech

It is essential to know that one of the first issues that arise after tooth loss is difficulty in speech. Dentures may cause problems speaking at first. But they are pretty helpful in improving speech in the long term. It only takes a few days for a new denture user to adjust to speaking with their dentures in place and regain everyday speech.

Takeaway!

We hope you liked this article, and now you have a piece of knowledge about dentures that improve your appearance and health.

Many people don't want to get dentures due to their reasons. But for fighting the missing tooth problem, you need immediate dental restoration. For restoration of missing teeth, you can get **veneers near me**. And witness the excellent [veneers before and after](#) results by visiting our website.

Article Source : <https://www.articleapprove.com/how-can-dentures-improve-your-appearance-and-health/>