

Why Do People Opt For Teeth Whitening?

Teeth whitening is the dental process of removing plaque, tartar, and stains from the surface of your teeth. It restores the natural color of the teeth. Teeth whitening or bleaching is a one-time process. It can be done in the dentist's clinic or office in about an hour. The process involves tooth bleaches and teeth whitening gel which breaks the stains and removes them from the surface of the tooth which makes your teeth whiter and brighter. Visit any [Teeth Whitening Dentist](#) near you to get teeth whitening done.



Does teeth whitening work on all kinds of teeth?

No, the teeth whitening procedure may not work on all teeth which is why it's essential to discuss with your dentist before deciding to bleach or whiten your teeth, as whitening agents may not work on all kinds of discolorations. For example, probably yellow teeth may bleach or whiten well, it may not work well on brown teeth and grey teeth may not get bleached at all.

Also, the Whitening procedure and **Teeth Whitening Kits** will not work on crowns, caps, veneers, and fillings. It also won't be effective if the discoloration of the tooth is

caused by tooth injury or medications. Any experienced general dentist will be good enough to do the whitening procedure. There's no need to visit any specialist or **emergency dentist near me** for the whitening treatment.



Are there any side effects or risks in Teeth whitening?

It is possible to develop sensitivity or gum irritation after the teeth whitening process, so the dentists take every precaution possible to avoid or minimize the risk of developing it. However, in some cases, side effects can occur, especially when you are using an unprescribed teeth whitening kit. The side effects of teeth bleaching or whitening are-

- Soft tissue or gum irritation. It happens if the teeth whitening or bleaching solution is exposed to the soft gum tissue. During the whitening treatment.
- Sensitive teeth. Teeth sensitivity is quite common after the whitening process. It happens due to the removal of a layer of enamel from your teeth' surface. That is why it is important to use the **best teeth whitening kit** to minimize the risk of sensitivity.

- Undesirable results. The whitening process does not work on crowns, caps, fillings, or veneers. Depending on the initial shade of your teeth if you have severely stained teeth or grey teeth then whitening treatment will not work well on them. for the [best teeth whitening](#) experience visit the nearby dentist.

Can you do teeth whitening at home?

There are many counter whitening kits available in the market which are effective and easy to use. If you don't want to pay the dentist for the whitening job then you can take the benefit of these teeth whitening kits at home. There are various methods to whiten your teeth such as whitening strips, whitening trays, and whitening rinses. But it is better to consult the dentist before using any kind of kit. Because some whitening gels and bleaches can be really harsh on your tooth which could cause damage, irritation, and tooth sensitivity.

Conclusion

In the above matter, we talked about teeth whitening procedures, how teeth whitening works, the side effects of teeth whitening, and more. For further information check out edgedentalhouston.com

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