

# Here's how Veneers can solve your teeth insecurities

## What are Dental Veneers?

Dental Veneers are thin, custom-made moldings that are made up of porcelain or resin composite materials. They are permanently attached to existing teeth. This is to improve the appearance of teeth or to make them more comfortable. They are a viable solution in situations where teeth are misshapen, smaller than average, or broken. **Veneer Teeth** look and feel just like original teeth. Thus, they are not at all uncomfortable or fake-looking. Dental Veneers are not necessarily a permanent solution. However, depending on how well you take care of them, they can last for 10-15 years.



## What is the process of getting Dental Veneers like?

The process of getting **Dental Veneers** is painless. Local Anesthesia is used throughout the procedure so the patient does not necessarily feel anything at all. In the first step, the dentist will measure your teeth and create a mold that would be sent to the lab for the formation of your customized veneer set. In case of a broken tooth, there would be only one tooth worth of veneer. People often get bigger sets though.

Once the veneer returns from the lab, the dentist will call you to check and see if the color, size, and fitting match your teeth perfectly.

Your teeth would then be thoroughly cleaned to ensure that there are no bacteria trapped behind the veneer. This will prevent any infections. The surface of the teeth is then hardened slightly to ensure that the veneer firmly sticks to the teeth.

The set is hardened on the teeth using ultraviolet light. The veneer eventually hardens on the surface of the teeth and becomes just like the normal teeth.

Your teeth might feel uncomfortable and slightly more sensitive than usual. However, this feeling will soon go away.

## What are the after-care steps?

To ensure the longevity of your **veneers teeth**, it is important to maintain excellent oral hygiene. You must brush your teeth twice daily and use mouthwash every day. It is important that you regularly visit a [dentist near me](#) to keep your oral health in check.

You should also make certain lifestyle changes to furthermore ensure that your veneers stay in perfect condition. You should avoid teeth staining food items like black tea, black coffee, and red wine. Smoking should be avoided as although the porcelain material might not get stained from the tobacco, the bonding material would. The aesthetics of your smile would be compromised.



If you have the habit of chewing into hard objects like pens etc., then you would have to stop it as the veneers can get damaged from the chewing. If you eat hard objects, chew them using your back teeth and not the front teeth.

It is important to wear a mouthguard if you play any sports.

## How much do dental veneers cost?

Consumer Guide to Dentistry states that **veneers cost** an average of \$925- \$2500 per tooth. It is, however, a long term investment. You can check with your local dentist to confirm how much they would cost based on your personal requirement. They might also be able to offer you a payment plan to enable you to pay in installments.