

How Do Invisalign Clear Braces Actually Work?

You have to visit the office of the [Invisalign dentist near me](#) to check for fit and to make any necessary adjustments. You have to wear your Invisalign aligners for almost the whole day. Except for the times when you brush, floss, or eat. Because the Invisalign aligners are removable you easily take them off anytime you need to. You will have to wear each set of aligners for a few weeks before moving on to the new set of aligners.



At first, your aligners will fit tightly because they are customized or designed to gently and precisely move your teeth. After some days your teeth will gradually move to their new correct position. The aligners may start to get loose after some time has passed. Every six weeks, you have to make an appointment with the dentist who does **Invisalign near me** to check the aligners and the progress of the treatment.

Can you List the differences between six-month smiles and Invisalign?

Both the Invisalign and the **Six Month Smiles** are the treatment options to correct the misalignment of teeth to give you perfectly straight teeth. They share many similarities, they both offer some flexibility to their wearers, and they are comfortable, discrete, and effective. However, they also have several dissimilarities and differences between them that set these two treatment processes apart, for instance, the six-month smile used the brackets and wires to straighten the front teeth in just six months.

Can you get teeth whitening treatment while wearing Invisalign aligners?

Yes, it's completely fine to undergo teeth whitening treatment while wearing clear aligners Invisalign. It takes quite an effort and time to get a bright and white smile, wearing Invisalign clear aligners means taking extra care or taking an extra step to make sure they remain transparent and stain-free, otherwise, they may give a yellow appearance and cast to the teeth. According to the dental experts in [teeth whitening in Houston](#), it is possible to whiten teeth while wearing Invisalign aligners, but most orthodontists recommend beginning the teeth whitening process six months after the realignment is complete.



Because the teeth are more sensitive during the realignment period, they might create some complications you should choose to undergo whitening treatment. Contact **zoom teeth whitening near me** to get the best teeth whitening treatment experience.

Are tooth whitening trays different from Invisalign aligners?

Although they may seem pretty similar in appearance, the tooth whitening trays are different from Invisalign clear aligners. The Invisalign aligners are customized according to the size and shape of your teeth and gums making them an exact fit for your teeth. Applying the whitening or bleaching gels inside of the aligners may be dangerous, as the compound will be pushed out by the aligners which can irritate your gums.

Conclusion

In the end, we can conclude that the above-given information tells us a lot about Invisalign aligners. How Invisalign aligners work, the difference between a six-month smile and Invisalign, the difference between tooth whitening trays and Invisalign, and more. For more information contact edgedentalhouston.com

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