

How Much Pain Will You Experience After Root Canal Treatment?

A root canal is a major treatment, so pain after a root canal is normal. A root canal involves deep cleaning and removal inside the tooth, which causes irritation and warming surrounding teeth and gums.

However, pain shouldn't last forever. A root canal is a treatment that prevents pain related to decay and fractured tooth. It's normal to experience mild and moderate discomfort for a few days after the root canal treatment. If you feel pain for a long, consider seeking a dentist for a thorough diagnosis and treatment.

Moreover, it is the procedure to save your tooth from [wisdom teeth extraction](#); if left untreated, your dentist will extract your teeth and suggest **Implants** that provide both an aesthetic look and functionality.



Initial recovery period

A root canal was very painful in the past, so people avoid such procedures. But, now dentists have pain-relieving measures that can be used to reduce the amount of pain you experience during the procedure.

Before the procedure starts, your dentist applies a local anesthetic to minimize the pain and sensitivity. You might feel pressure during the procedure, but you shouldn't be in pain during the actual procedure.

As local anesthesia wears off after the root canal procedure, you might experience mild pain. This is due to cleaning procedures and nerve removal; your dentist makes an opening in the dental crown and then cleans the dead pulp. You may feel sensitivity and pain for a few days.

Moreover, your dentist suggests over-the-counter pain medications such as acetaminophen and ibuprofen. Also, you should avoid chewing hard foods following the root canal because it can hurt your dental material. But the question arises when you should visit a dentist, and [how long does a root canal take?](#)

When to seek help

Root canal procedure pain goes over time. If you still experience pain and swelling, you should see a dentist. A root canal takes a maximum of two dental visits, but sometimes, you may need more cleaning sessions. However, the **root canal cost** is nominal compared to other dental procedures.

Once your tooth is completely cleaned and sealed, your dentist recommends a dental crown for protection. These can be made of metal, porcelain, and gold. A dental crown helps your preventing dental filling and saves your teeth further. Sometimes the pain is a temporary side effect while you get a new dental crown.



Pain management

Your dentist will address pain beyond a root canal treatment. Beyond taking medications temporarily, there are various things you should consider to manage pain from a root canal. Therefore, you should maintain good dental practices, such as brushing and flossing your teeth at least twice daily. And consider visiting a dentist regularly for dental cleaning at least two times a year. Quitting smoking can also help.

Conclusion

If you suffer from sensitivity and pain, you should seek a dentist through treatment and diagnosis. Also, root canal treatment saves your teeth from being extracted.

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