

What May New Dentures Feel Like?

New dentures could feel strange or loose for a few weeks until your cheek and tongue muscles get used to holding them in place and you feel comfortable putting them in and taking them out. According to **affordable dentures and implants near me**, when you initially start wearing dentures, it's common for slight irritation or soreness to occur and saliva flow to rise. Still, these issues will disappear as your mouth becomes used to them.

Will eating be difficult with new dentures?

It may take a little practice to eat with new dentures, and it may feel uncomfortable for some wearers for some weeks. Start with soft foods that have been chopped up into little pieces to get acclimated to the new denture. **Affordable dental Houston dentist** suggests using both sides of your mouth to chew slowly.

Add additional meals as you adjust to your new dentures until you resume a regular diet—exercise caution with hot or harrowing meals and sharp-edged bones or shells.

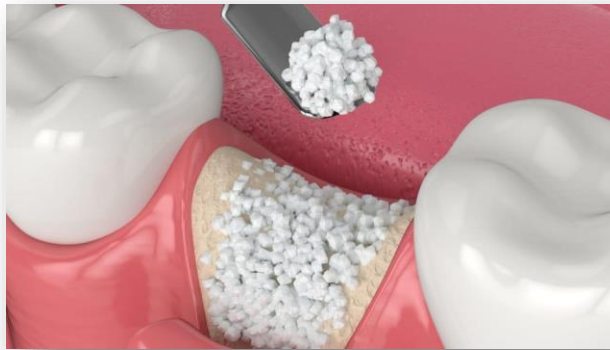


Additionally, stay away from excessively hard or sticky meals. Additionally, you should refrain from eating gum while wearing the denture. According to dentures and Dental Implants Houston Tx, avoid using toothpicks when wearing dentures.

Is it necessary to wear dentures 24 hours a day?

Your periodontist or **affordable dentist in Houston** will guide you on how long you should wear dentures and when to remove them. You could be required to wear your denture constantly for the first several days after getting it, even while you sleep. According to **bone graft dental**, even though it could initially feel uncomfortable, this is the easiest technique to locate the denture's potential problem spots.

After corrections are made, take off your dentures before retiring for the night. As a result, saliva and the tongue can stimulate and clean the gum tissues. In the morning, you can place the denture back in the mouth.



How to care for your dentures?

According to the **best implant dentist in Houston**, proper denture care is necessary for your mouth's and dentures' health. Here are some tips

- Take extra care when handling dentures. When handling them, stand over a towel that you should fold or a full water sink to prevent dropping them.
- You should clean dentures every day, but not with toothpaste. The abrasive nature of toothpaste causes microscopic scrapes where food debris and plaque can accumulate. Dentures require daily brushing to eliminate food debris and plaque, just like natural teeth do.
- Utilize a denture cleaner to clean. For cleaning dentures, you can use dishwashing liquid or hand soap. Many kinds of toothpaste and household cleaners could be too abrasive for dentures. Avoid using bleach as well because it can make the pink section of the denture whiter. You might also give an ultrasonic cleaner a try.
- When wearing dentures, take good care of them. You must keep your dentures moist to prevent drying out or shape loss. Put your dentures in water or denture cleaning soaking solution when not in use. However, if the denture has metal fasteners, it might tarnish.

Conclusion

We hope the above-provided information will help you understand more about dentures. The above article highlights some critical aspects regarding dentures. For further informative details, please visit dentalimplantsdentures.com.

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