

Skin Discoloration Disease: Symptom of Venous Insufficiency

Your arteries lug blood from your heart to the rest of your body. Your veins bring blood back to the heart, and valves in the veins quit the blood from moving backward.

When your veins have trouble sending blood from your arms or legs back to the heart, it's known as venous insufficiency. In this problem, blood does not flow back appropriately to the heart, causing blood to pool in the veins in your legs.



Several factors can trigger venous insufficiency, though it's most commonly brought on by blood clots as well as varicose veins.

Signs Of Venous Insufficiency

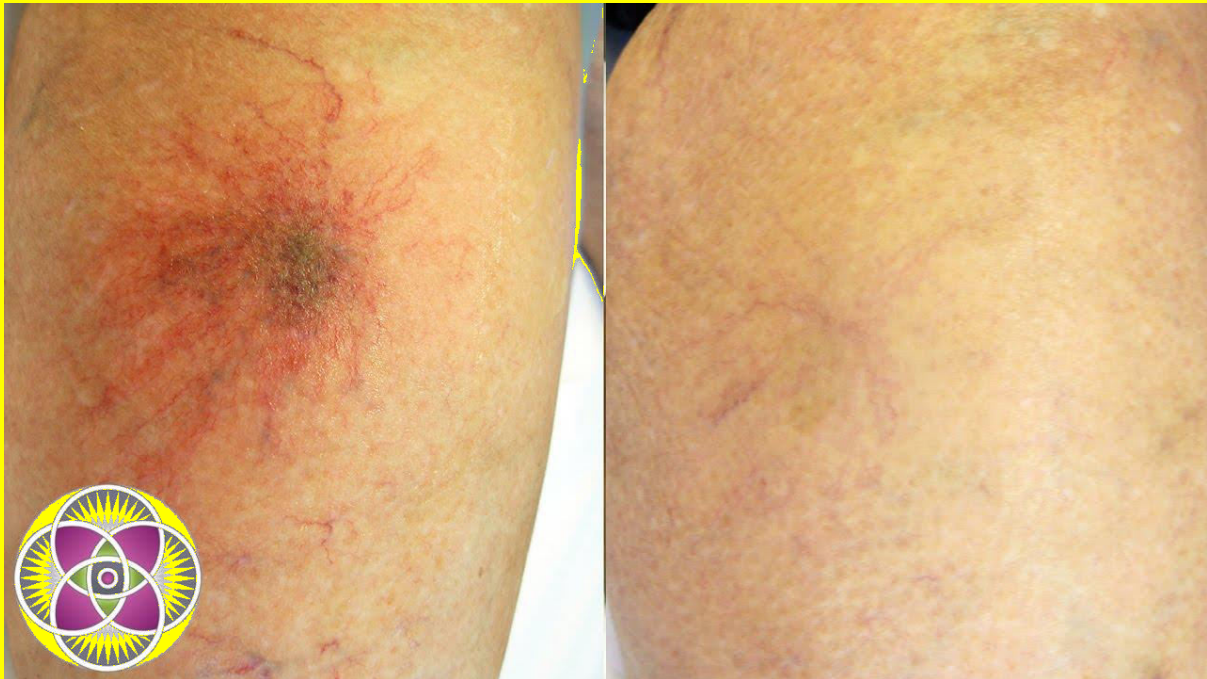
The common [signs of venous insufficiency](#) include:

- swelling of the legs or ankle joints
- the discomfort that worsens when you stand and improve when you elevate your legs
- leg cramps
- hurting, pulsating, or a feeling of heaviness in your legs
- itchy legs

- weak legs
- enlarging of the skin on your legs or ankle joints
- skin that is changing color, particularly around the ankles
- leg abscess
- varicose veins
- a feeling of rigidity in your calves

Skin Discoloration Disease

Unattended varicose veins can result in chronic skin adjustments and ultimately progression to venous stasis ulcerations. [Skin discoloration on legs](#) is secondary to swelling from fixed venous circulation. The skin inflammation can show up red, thickened, as well as eventually dark brownish. If left without treatment, an abscess can develop. Since the integrity of the skin is impaired, an infection can take place.



Another problem that individuals with serious CVD can create is **skin discoloration on lower legs**, usually around the ankle joints. This is called "Stasis Dermatitis" or "Venous Eczema".

These skin adjustments are caused by swelling of the skin that creates as a result of poor flow, as seen in CVD. The skin can look darker than common, or it can look red and irritated. The skin can also obtain thick and harsh. These skin modifications are generally seen in the lower legs since that's where the supported blood pools. The aggravated skin can be fairly excruciating as well as itchy. The entailed skin is undesirable and goes to risk of developing even bigger issues, including infections and ulcers. These issues can be severe. In some cases, they can cause amputation.

When a person has any of these symptoms, it is essential to recognize as well as treat the CVD to stop even more serious problems.

How To Treat Varicose Veins And Spider Veins?

The treatment for varicose veins and spider veins depends on various different factors including the condition of your disease and your previous health history. Some of the common treatment options for venous insufficiency are:

- Compression Stockings
- Improving blood flow
- Medications
- Surgery
- Ambulatory Phlebectomy
- Sclerotherapy
- Catheter Procedures

We at Vein Treatment Clinic provide the best treatment for venous insufficiency at a very reasonable and affordable cost. We have **Harvard Trained Freehold Venous Specialists** to treat you with minimally invasive and modern medical techniques. For more information about venous insufficiency, schedule an appointment with us through our official website veintreatmentclinic.com.