

Top 4 Miami Beach Outdoor Gyms

With the blazing sun outside and the heat waves taking on the city, it is the holiday season again. As the summer sun soars up the temperatures, it is time to hit the beach. Are you planning to go on a beach holiday this summer? Are you a fitness freak? Are you concerned about the holiday impacting your fitness regime? Well, then why not enjoy the holidays while keeping pace with your fitness routine!

Wondering what we mean? Well going on a holiday does not mean that you have to miss out on your workout sessions. We know it takes immense effort to get in shape, and a few weeks of missing the gym sessions is enough to ruin your efforts. Even on vacation, you can manage to stay in shape while enjoying life. Wondering how is that even possible? Well, the solution is simple, just hit a gym at your holiday destination. Nowadays the hotels and resorts have their gyms for their guests so why not make use of the service. If you plan to visit the Magic City of Miami, consider looking up for the gyms there. **Miami beach outdoor gyms** even offer special packages for tourists. So here is a list of some top gyms of Miami that you can visit during your vacation.



The Best Gym Classes In Miami

There is a separate joy in holiday gyming. It opens the doors to whole new experiences, and also you get to socialize with a different community. If you want to be assisted by **the personal trainer on Miami beach**, visit sweat440.com, which offers various gym and trainer packages. Here is a list of some of the best Miami gyms.

1. Anatomy

If you're looking for a holistic wellness experience, then visit Anatomy gym. Right from 60-minute yoga sessions, gluten camp to personal training Anatomy gym boasts of it all. For those looking for the closest gym near the beach, an Anatomy gym is the answer. The gym also offers a sauna, steam rooms, and physical therapy.

2. Miami Beach Jewish Community Centre

Get to interact with the local Jewish community of Miami as you visit the Miami beach community center. If your looking for [community gyms near me](#), then this place is your answer. With its social, educational, recreational, and cultural programs, the center offers more than just fitness. Be it the group cycling classes or the basketball session visiting the place would spruce up your holiday spirit.



3. Magic City Rock Gym

Why go for the regular gyming sessions when a whole world of adventure awaits you at Magic city rock gym. Boost your stamina by enrolling in the challenge of rock climbing at the rock gym. For tourists, the gym offers day passes with rental gear at \$29.

4. Sobe Pilates

Ditch the regular gyming sessions and opt for pilates with Sobe Pilates. For those visiting the place are given the best [personal trainer Miami](#) who introduces them to pilates sessions. The fitness center offers individual classes at \$35.

So these are some of the gyms near Miami beach that you can visit on your vacation. For more information about the gyms, visit sweat440.com.