

The Best Gyms In Midtown Miami

Do you desire to have a toned body like those of the celebs? In the fast-paced life, we tend to ignore our health. A healthy body and sound mind aid us in staying more focussed at work. Good health is the key to a successful life. We see around us people, celebs who bewilder us with their perfectly healthy body. The secret behind their toned body is regular exercising and gyming. The health-conscious people tend to start their day with the gym sessions. It is never too late to start thinking about your health.

If you also desire to have a fit body, then google for **a gym near my location**. Find the gym of your choice and start hitting the gym sessions regularly to achieve the dream of a physically fit body. Are you confused about the choice of gyms? Well then worry not as we have got your back. Here is a list of the top [gyms in midtown Miami](#).



Top Gyms in North Miami

Miami gyms are not just great workout places; instead, they are also places for socializing. When boredom hits at the gym, strike a conversation with your fellow gymer. The fascinating city of Miami offers a plethora of fitness centers. Here is a list of the forerunners in the Miami fitness race.

1. Barry's Bootcamp

When it comes to fitness centers, Barry's red rooms tops the list. The gym has encouraging celebrity trainers who take the gym sessions. The gym charges \$145 for five classes, and their membership is priced at a 30 day 30 classes regime for \$400. The training equipment paired with the ambiance makes the price worthwhile.

2. Element Aqua

If you reside in fourth Ct. and quest for **the closest gym near me**, then Element Aqua is your answer. The gym introduces you to the world of aquatic training at their private studio. Right from Aquatic cycling, boxing, yoga to aerobic classes, the gym offers challenging health exercises. The month to month membership priced at \$249 makes the gym affordable for all people.

3. Equinox

When in Miami, you can find Equinox gym around every nook and corner of the city. Wherever you reside, if you are looking for **a gym near home**, then Equinox is your solution. The gym equipped with state-of-art facilities such as yoga,pilates, cycling studios serves as a one-stop wellness destination. The best thing about the gym is that it offers eucalyptus steam rooms and spa. Membership at the gym is priced at \$300 per month.

4. Fitbox Method

If you're looking for **the best gym classes**, then consider opting for Fitbox Method. The gym offers a unique experience of boxing and weightlifting. The fitness center provides resistance training, which helps in building the muscles. The gym provides month-to-month membership at an affordable price of \$169.



5. Orangetheory fitness

If you're looking for **community gyms near me**, then consider picking Orangetheory. The fitness place, instead of being the regular transformational gym offers group workout sessions. Right form weightlifting to pushups, the gym instructors teach it all.

So these were some of the best gyms in Miami. For more information on the gym, classes visit sweat440.com