

What Is the Definition of Varicose Veins? What Should You Know about Them?

Veins are blood vessel that go back deoxygenated blood from the external parts of the body rear to the heart and lungs. When veins turn out to be unusually broad, filled of twist and turn, or distended, they are call varicose vein. This happen the majority usually in the veins in the legs and thighs. In varicose veins, the thickened, twisting or dilated parts of the vein are called varicosities. Varicose veins can shape wherever in the body, but they are the majority often situated in the legs. Varicose veins tend to be present at birth, and become additional prominent as a person ages. So it is must to take [Varicose Vein Treatment Houston](#) on time.



Signs and Symptoms of Varicose Veins

Varicose veins are relatively easy to identify and [Varicose Vein Treatment Texas](#) is easily avail. They stick out or bulge from below the skin and feel ropey. The legs often ache and feel heavy and itchy. Symptoms can make stronger after a extended day of standing the feet. A person may have severe pain upon standing or even have cramps in the legs at night. Varicose veins can be additional famous or first come into view throughout menstruation or pregnancy, and they may be more bothersome during these times.

Some people may have no symptoms of varicose veins at all. Primarily, they are only a cosmetic problem. A human being may sense an area of tenderness and pain in the varicose vein, along with redness and swelling. The area may also feel hard or firm.

Sometimes such areas can represent infection within the vein, so it is a good idea to visit a [Varicose Vein Treatment Near Me](#) if a person develops any of these symptoms.

The veins in the leg are either superficial or deep. The superficial veins and their branches are close to the skin. Also built-in in this group are the taker or perforator veins, which connect the superficial veins with the deep veins. The deep veins are covered by muscle and connective tissue, which help to pump the blood in the veins and back to the heart. The veins have in one direction valves to stop them from rising varicosities. usually, blood actions from the surface veins to the deep veins. From there, the blood travels through a system of better veins back to the heart.



Causes of Varicose Veins

A lot of theory exist for why varicosities occur in veins, but the consensus is that defective/damaged valves within the veins are the cause. Valves stop backward run of blood within the vein. They keep blood in the vein touching in the direction of the heart. It is unclear what causes the valves to work less efficiently. Some experts think inherited problems cause some people to have too few valves or valves that do not function properly. A number of populace may be born with abnormalities of the vein wall. The resulting weakness may predispose the valves to separate and become leaky, which causes the valves to function poorly so when the person stands up, the blood flow actually reverses and flows down the superficial veins, when it should be flowing up, toward the heart.