

## What Are The Ways To Treat Varicose Veins?

Varicose veins are enlarged veins that you might see bulging out of the skin, especially in legs. The word varicose is derived from the



Latin word ‘varix’ which means twisted and entangled. If you are looking for the [‘best way to remove varicose veins,’](#) there are of plenty options available today.

Your **best surgeon for varicose veins** can help you in selecting the treatment that is suitable for you. Knowing which one will be best for you will depend on the severity of your situation. The doctor might start by questioning, diagnosis, examination, and would also explain to you various available treatments.

Many men and women are currently suffering from venous insufficiencies. Today so many people are looking for a solution to treat veins issues. With the growth in science and medicine, many latest treatments and equipment have been developed. Earlier to treat

varicose veins, there used to be surgeries which caused extensive pain.

Today, with modern and minimally invasive treatment procedures, the patient can start working the very next day.

In order to get treatment, it is important to determine the cause of the disease and risk factors associated with it. There are many associated causes that lead to varicose veins. Some of them are hereditary while other reasons could be;

- Hormonal changes
- Diabetes
- Trauma
- Prolonged standing or sitting
- Pre-existing venous disorders
- Pregnancy

The vein bulging occurs when the walls of the veins get weakened and damaged over time. Veins are responsible to carry deoxygenated blood to the heart. If the blood will not reach the heart, it might lead to cardiovascular diseases. There is a variety of procedures for the removal of varicose veins. The patient might undergo one of the following treatments, depending upon the severity of the issue.

Finding the right treatment will help you experience freedom from venous insufficiency like varicose veins. [Laser treatment for Varicose Veins in legs](#) is used to treat minor and small varicose or spider veins. Endovenous treatment can treat larger varicose veins in the legs. The process involves a laser fiber that is passed through a catheter into the veins. The process is watched on an ultrasound screen. Laser treatment is less painful than vein stripping and surgeries and has a shorter recovery time.

**Sclerotherapy** is a process that involves injecting a chemical that acts as an irritant to kill the unhealthy veins. The process directs the flow of the blood towards the heart through healthy veins. The internal

lining of the treated veins swells; the clotted blood will begin to break down and causes the vessel to disappear.

A **vein stripping** is a method that involves the physical removal of the damaged veins. If the number of damaged veins is small, the doctor might choose this method to remove the selected veins from



the site. In this procedure, an incision will be made and the vein will be cut, tied off and completely stripped out.

If you are looking for the **removal of varicose veins procedure**, Vein Treatment Clinic provides all the necessary treatments and therapies to the clients depending upon their issues. We offer affordable treatment procedures near you. Visit us today to know more.