

## Understanding About The Spider Veins

Spider veins are considered a smaller version of varicose veins. Though, spider veins can appear on numerous parts of the body from top to bottom. Spider veins are a result of the enlargement of blood vessels beneath the skin. Wondering is there a **best treatment for spider vein?**



Earlier **spider vein removal** used to be a tedious and discomforting process. Traditionally, surgery was the only option used to treat spider veins. But now procedures have been expanded and with the use of the latest and minimally invasive technology, the treatment is pain-free and swift.

Today, if you are looking for '**spider vein removal near me**', you could find a dozen options to choose from. You simply need to do a little research to select the one that is feasible and convenient for you.

But how would you find that a certain specialist is the best for you? You could solve this by reading reviews as the most renowned vein surgeons keep a track of their website.

### **What causes spider veins?**

Before moving on to the treatment for spider veins let us look at the causes which are associated with it.

The origin of the spider veins can be sourced from some kind of venous insufficiency. This could possibly mean that the veins in our body (a type of blood vessel) are not functioning the way it should. In normal conditions, the deoxygenated blood is carried through veins from the legs to the heart. This requires force against gravity. Due to this, the valves in the blood veins become weak and the blood starts pooling at places. It is the same situation that causes a varicose vein which is a more dangerous situation.

There are a few risk factors associated with spider veins, including but not limited to;

- **Heredity:** It is not surprising that spider veins are hereditary. If someone in the close family has spider veins, it is likely to inherit in the genes of the next generation.
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- **Obesity:** Being overweight is dangerous and can cause a lot of health issues. The veins of an obese person are under pressure and thus can result in spider veins or varicose veins.
- **Prolonged standing and Sitting job:** If you have a long-standing or a sitting job, you are likely to suffer from venous insufficiency. If the veins keep working against the gravitational pull for long, the vein valves get weakened.
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### **How vein disease can be treated?**

Technology today offers various simple and effective treatment methods for the removal of vein insufficiencies. **Spider vein removal Houston** offers a wide range of procedures from Sclerotherapy to laser therapy to RF Ablation in an affordable and convenient way. Also, with the emergence of medical insurance facilities in Houston, you do not have to worry about the cost of the treatment. The treatment procedures are painless and require no extensive recovery methods. You can even get discharged the same day.

If you are searching for '**best vein removal treatment near me**', Vein treatment Clinic offers certified varicose and spider vein specialists. We strive to provide our patients with pain-free and minimally invasive treatments. Regain your confidence and say adios to those unsightly veins by searching a **vein clinic near me**.