

Symptomatic treatments for varicose veins

In the case of venous insufficiency, some treatments at **Varicose Vein Treatment Center** make it possible to relieve the pains and sensations of heavy legs, often associated with varicose veins.

Two types of Varicose Vein Treatment Near Me are possible:

The elastic support by low or bands: it is indicated at the onset of the first symptoms of varicose veins.

But it is a symptomatic treatment, which has no action on already installed varicose veins. Restraint reduces the dilation of the veins and increases the speed of venous blood flow. It decreases the volume of the limb with an anti-edema effect. [Varicose Veins Treatment Near Me](#) improves the efficiency of the calf muscle pump when walking.



Venotonic drugs: they relieve symptoms, but they do not affect the development of varicose veins. Note: they cannot replace lifestyle advice, or restraint, which is the benchmark symptomatic **Treatment For Varicose Veins In Legs**.

Different interventions can, however, make varicose veins disappear, such as **Varicose Vein Removal Near Me**. They can be considered:

To relieve symptoms that have become too painful

To prevent complications from venous insufficiency (venous ulcers, skin lesions or, more rarely, phlebitis and embolism)

For aesthetic reasons.

A **Varicose Vein Treatment Centers** assessment will be made before any intervention, including a Doppler ultrasound. This completely painless examination makes it possible to specify the state of the valves and the mechanism responsible for reflux.

Surgery for the most important varicose veins

Surgery is the **Varicose Vein Treatment Texas** of choice for the largest varicose veins. Several techniques exist. One of the most classic is stripping, which consists of removing the main vein from the lower limbs (the saphenous vein) by making two small incisions at the ankle and the crease of the groin.



The intervention is completed by the removal of all the small varicose veins that may have developed from the saphenous vein. After the [varicose vein removal side effects](#), the blood returns through the deep veins. The only absolute contraindication to

Sclerotherapy in other cases

Sclerotherapy has the advantage of being a much lighter method, carried out in the office, and requires no anesthesia. It consists in injecting into the varicose vein, with a fine needle, a substance which will induce retraction and hardening of the diseased vein, which will become blocked.

Treatments for small varicose veins

As for varicose veins that affect secondary veins, they can then be removed:

- either by sclerotherapy
- either surgically, by phlebectomy.

It is a small surgery, performed under simple local anesthesia. Some practice it in the office, even if experts consider it preferable to intervene in the operating room, for reasons of asepsis, from small portions of **Varicose Vein Removal Houston** with a hook through tiny incisions.

Clip and Chiva

Other **Varicose Vein Doctors Near Me** use techniques exist, such as the installation of a metal clip on the saphenous vein (V-clip). But this clip is not enough to suppress reflux and must always be supplemented by sclerotherapy and phlebectomy.

Finally, a conservative **Treatment for Varicose Veins Houston** aimed at suppressing reflux without removing varicose veins is also possible. It is the hemodynamic cure for venous insufficiency, also called Chiva. It keeps the vein by diverting the diseased superficial veins towards the deeper veins.