

The Best Treatment For Spider Veins On Legs

The superficial leg veins are known as spider veins. They appear as skin discolourations. Spider veins commonly occur on the thighs, ankles and calves. They are more likely to impact women than men. According to **spider vein treatment, Texas** spider veins are small, damaged veins that tend to appear on the legs and face. Though the spider veins are harmless, people treat it for cosmetic reasons.



What causes spider veins? Spider veins occur when the valves inside veins stop functioning. The veins carry blood back to the heart, and the weakened valves create a hindrance in this blood circulation. Some of the leading causes of spider veins are as follows:

- Genetics

According to **spider vein removal, Houston** 90 per cent of the cases of spider veins are caused due to genetics.

- Pregnancy

During pregnancy, there is an increased blood supply in the body. Also, the additional foetus weight puts more pressure on the leg veins. This is why many women suffer from [spider veins during pregnancy](#). In some cases, however, the spider veins disappear post-pregnancy.

- Ageing

Ageing causes the valves of the veins to weaken. The weakened calf muscles that support the leg veins, with age face blood circulation problem. The lack of blood circulation leads to the development of spider veins.

- Excessive Bodyweight

Extra body weight puts undue pressure on the leg veins, which in turn causes spider veins.

- Hormones

Birth control hormones such as estrogen weaken the vein valves, and this leads to the risk of [spider veins on legs](#).



- Sun damage

Ultraviolet rays of the sun damage the skin and lead to broken blood vessels. The damaged blood vessels over time result in spider veins.

How to get rid of spider veins?

Though spider veins are harmless, they can cause discomfort. People also to get rid of spider veins due to cosmetic reasons. Minor cases of spider veins can be treated easily with home remedies. However, severe cases require medical attention. Here are some of the **best treatment for spider veins**.

1. Sclerotherapy

Sclerotherapy involves the injection of a solution directly into the affected area of spider vein. The solution creates a blood clot in the vein which the body dissolves over time. Post sclerotherapy the affected area is covered with a compress and bubble wrap. The injections can be painful, and the process requires multiple sessions.

2. Laser treatment for spider veins

Laser treatments involve directing a laser light on the pulses of the spider veins. The process causes the formation of tiny blood clots which are eventually absorbed by the body.

3. Radiofrequency ablation for leg veins

The process is as known as endovenous laser ablation, and it works by sending strong bursts of light into the affected vein. Gradually this treatment causes the vein to fade away slowly. According to **vein specialists**, this process does not apply to larger veins and might cause redness, bruising, itching and skin discolouration.

So these were a few ways in which spider veins can be treated. For more information on the treatment of spider veins, visit veintreatmenttx.com.