

A Brief Overview On Treatment Of Spider Veins

Are you tired of legs that resemble a tangle of wire? Looking for the [best treatment for Spider Veins on legs](#)? With the growth of technology and medicine, there is today a variety of procedures available to treat vein insufficiencies. Gone are the days when the treatment options were only surgical and caused excruciating pain. Today, there is a tremendous increase in the number of minimally invasive treatments.



The veins function to transport deoxygenated blood from parts of the body to the heart. Due to weak vein walls, the blood starts to pool at places causing veins to twist and entangle. Such situations result in venous insufficiencies. Though spider veins are not threatening, if the problem persists for long, it could lead to chronic venous insufficiency which could further lead to cardiovascular diseases.

Hence, it is important to treat spider veins before they become treacherous.

Spider veins during pregnancy are typical. It may occur on legs, face, and ankles. Pregnancy puts a strain on your body. This results in an increase in the amount of blood causing strain on the veins. Spider veins can be hereditary but get worse during the pregnancy. They usually diminish, but you might need to keep your weight under control and exercise daily.

Treatment for Spider Veins on legs

A number of factors could lead to spider veins and other types of venous insufficiencies including, hereditary, pregnancy, hormonal shifts, overweight among others. If you are looking for the best treatments, luckily several treatments now exist to treat spider veins. But before having them removed it is important to consult with the doctor, get diagnosed and check which treatment would be suitable for you.

Sclerotherapy: It is a widely used method today. Sclerotherapy is a treatment that uses a chemical solution that contains an irritant that causes inflammation, coagulation of blood and narrowing of blood vessel walls. Sclerotherapy results in closure of dead and unhealthy veins and the blood is moved through healthy veins.

Laser Treatment for Spider Veins: It is done to treat small and minor spider vein issues. Sometimes laser treatment is done as a second step after the removal of severe varicose or spider veins through surgery or RF ablation. During [laser treatment for spider veins on the legs](#) procedure, the dermatologist directs the laser light which creates heat and damages the unhealthy veins.



Ambulatory Phlebectomy: It is a treatment that is used to treat chronic and torturous vein issues. It is a minimally invasive procedure during which the unhealthy veins are mapped out with a Doppler ultrasound using a marker. Local anaesthesia is used at the site, and minor incisions are made to access the veins. A tiny needle-like instrument is fed into the skin which takes out the damaged veins. The steps are followed until all the damaged veins are removed. After the treatment incisions are closed with a suture.

Vein treatment clinic sources the best and certified vein doctors around the globe. We strive to provide our clients with the best treatment facilities for spider veins and other venous insufficiencies. For more information visit our clinic.