

4 Best Way To Remove Varicose Veins Permanently

Do you suffer from uncomfortable leg pain? Enlarged, swollen and twisted veins might be the underlying cause of this discomfort. The swollen veins are a sign of varicose veins which are developed due to the weakening of the vein valves and vein walls. The weakening of the valves causes the blood to clot thus leading to enlarged veins. Often one tends to confuse the symptoms of varicose veins with normal leg pain. Due to this, we tend to leave the pain unattended. According to [top vein specialists Houston](#) prolonged neglect of the pain can lead it to worsen and over time become the reason for bleeding, ulcers and phlebitis.



Just as every disease needs to be treated similarly the cases of varicose veins needs to be looked after to escape the chances of worsened complications. The **best solution for varicose veins** treatment during the initial stages is through home remedies. The home remedies include intake of a balanced diet, exercising, herbal remedies and massaging. However, the complex stages of varicose veins require medical attention. According to experts at [veintreatmenttx.com](#) the timely medical treatment aid in curbing the complications of varicose veins. In this article, we have listed down the medical treatments for varicose veins.

4 Efficient Ways Of Treating Varicose Veins

The common symptoms of varicose veins are swelling, aching and painful legs. Overlooking these symptoms can lead to varicose vein rupture and ulcer which require immediate medical attention. In case you suffer from the case of varicose vein then contact **top vein doctors near me** to find a cure for it. So here are few of the medical ways of permanently treating varicose veins.

1. Sclerotherapy

This is a painless treatment for varicose veins. The process is the **best way to remove varicose veins** as it involves the injection of a solution in the swollen veins which aids in dissolving the blood clot naturally. The most common type of this treatment is the foam sclerotherapy which aids in treating the larger veins.



2. Phlebectomy

The process is also known as vein stripping and involves the surgical procedure of treating the vein. In the Phlebectomy [removal of varicose veins procedure](#), the surgeon makes small cuts near the damaged vein which facilitates in the removing of the entire vein. Phlebectomy is seen as a permanent treatment of varicose veins.

3. Thermal Ablation

Over years thermal ablation is seen as a successful process of treating varicose veins. The process of Thermal ablation involves the use of laser and radiofrequency energy which heat the inside of the vein causing its walls to shrink and dissolve. Only the **best surgeon for varicose veins** can use the process as it requires immense expertise.

4. Non-thermal ablation

Another efficient technique of treating varicose veins is non-thermal ablation. The treatment under this process is similar to that of thermal ablation with the difference that instead of heat a potential drug is used to get rid of the vein permanently. As per **vein specialist, Houston tx** this method is applicable for those who do not want to under the trauma of surgery.

So these were a few treatment ways for varicose veins. For more information on the treatments visit veintreatmenttx.com.