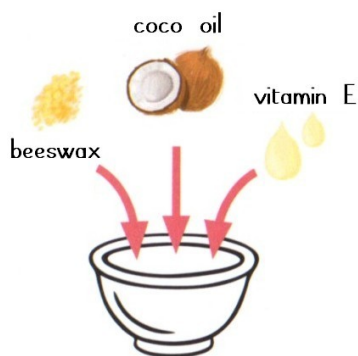


DIY : « Do it yourself » Preparing your creamy deodorant « Summer proof »

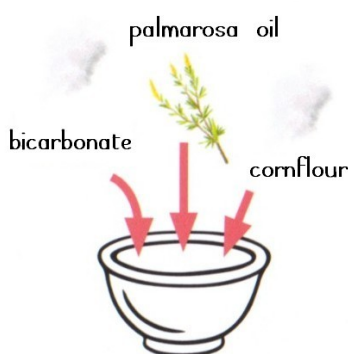
Preservation time : 3 months

Ingredients	Quantity for 1 deodorant
coco oil	15 grams
beeswax	3 grams
bicarbonate of soda	15 grams
cornflour	8 grams
vitamin E	3 drops
Essential oils : palmarosa oil tea tree oil	0 to 8 total drops



Step 1 :

- **Heat** gently coco oil in a bain-marie using a baker in a hot-water bath until it melts.
- **Add** beeswax. Mix gently with a whisk until it melts. Be patient, it could take time!
- **Add** 3 drops of vitamin E (as it is viscous, it could also take time to fall out: please hold the bottle vertically).



Step 2 :

- Once you get a homogeneous dough, **add** powders: bicarbonate of soda and cornflour.
- **Mix** gently with a glass stick.

Step 3 :

- **Add** 0 to maximum 8 total drops of essential oils: only palmarosa oil or tea tree or a mix of both oils according to your preference. Then **mix** again.
- **Transfer** your mixture in a paper cup. Use a spatula to get all the mixture: remember, "no time to waste"!
- **Put** a wooden stick in the middle of your product.
- **Write** your name, date and product on the cup so as to get it back.
- **Let** it stand one night in a bridge. Ready to use!

Step 4 : Cleaning...

- **Remove** as much mixture as you can before cleaning your equipment and utensils with **HOT** water otherwise they will stay oily!