

How Does Gum Disease Affect Your Dental Health?

What is gingivitis?

It is a kind of gum disease that causes swollen gums due to bacterial infection. It is the first stage of gum disease, if left untreated, it may lead to severe infections referred to as periodontitis. Gingivitis can exaggerate many dental issues in the mouth like tooth loss, bad breath, bone loss, etc. Uncontrollable gingivitis can lead to constant bleeding. So it is necessary to get rid of gingivitis gums. If you experience this kind of infection visit the [nearest dentist](#) quickly.



The main cause of gingivitis is the formation of bacteria inside the mouth. Bacteria may stick to your mouth and release acid over them leading to cavity development. The severe decay can cause infection in the gums and especially the surroundings of the gum line that causes gingivitis. Constant bleeding and bad breath are their major consequences.

What are the signs of gum disease?

It is important to get aware of the gum disease timely as it can cause extensive dental issues reaching its advanced stage. Some of the common indications are given below:

- Red and swollen gums.
- Bleeding gums while doing brushing and flossing.
- Loosen teeth
- Receding gums.

- Loosen teeth.
- Teeth sensitivity.
- Bad and foul Breath.

If you have experienced any one of these signs, you should visit a top dentist near me. If you don't pay attention to the condition timely, it can develop injury to the soft tissues and bone supporting teeth. When it reaches its advanced stage can lead to tooth loss.



How to cure gingivitis?

You must follow the oral hygiene rules strictly. Moreover, leave smoking immediately.

Other treatments for [gum disease cure](#) are listed below:

- Deep teeth cleaning.
- Prescribed antibiotics.
- Flap surgery.

Deep teeth cleaning:

There are multiple techniques to perform deep teeth cleaning. The main focus of the teeth cleaning procedure is to eliminate plaque and tartar to prevent gum irritation.

Teeth Scaling helps remove tartar from all the parts of the gum line.

Root planing helps soften up rough spaces and eliminates plaque and tartar from the root surface.

Laser therapy can be used to remove tartar with less pain and bleeding compared to scaling and root planning.

Prescribed antibiotics:

Dentists may prescribe you various kinds of antibiotics to treat gum disease like Antiseptic mouthwash containing chlorhexidine, Doxycycline, etc. can prevent tooth damage. can help keep enzymes from causing tooth damage.

Flap surgery:

It is a procedure to lift gums back with the removal of plaque and tartar from deeper pockets. Then the dentists stitch the gums in their place to get fitted in a well-protected manner. They can also recommend bone and tissue grafts if teeth are too damaged to heal.

Bone and tissue grafts can be used when teeth and jaw are too damaged to heal. You may not feel any pain during the procedure as it is performed under local anesthetics.

The following surgical procedures may cost between \$500 and \$10,000.

You can consider any one of the treatments mentioned above after consulting your dentist.