

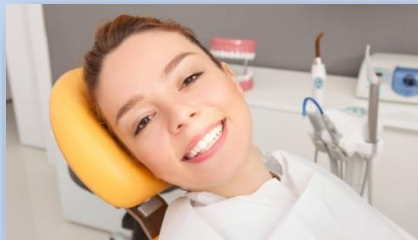
What Is The Leading Cause Of Periodontal Disease?

Periodontitis disease is a gum disease, also called periodontal disease. This gum disease begins when you don't treat your gums and notice symptoms of gingivitis, the first stage of gum disease. The growth of bacteria in your mouth increases and hence develop into periodontal disease if not properly treated.

What is periodontal disease?

Periodontal diseases are caused mainly by inflammation and infection caused to the gums and tooth bone that covers and support the teeth.

The beginning stage is called gingivitis. During gingivitis, the gums swell, become red, and sometimes bleed. The bleeding usually occurs in a more complex situation called periodontitis. You may lose the tooth if not treated on time because the gums can pull away from the tooth, and the teeth can get loose and even fall out.



You should treat your teeth before you reach the periodontal stage.

What's the Difference Between Gingivitis and Periodontitis?

Gingivitis is the gum inflammation and swelling which usually occurs before periodontitis gum disease. Treating gingivitis is easier than periodontitis disease as it is dangerous for your health.

When in the early stage, bacteria builds up and makes the gums inflamed; you may feel irritation and swelling in your gums. But not all gingivitis finally leads to periodontal disease. Ignoring symptoms and not treating them can cause other dental issues. You can even prevent or reverse them by brushing your teeth daily, flossing, and retaining regular dental cleanings and checkups.

Periodontitis Symptoms:

The symptoms of Periodontitis disease is not seen until it has evolved to an advanced level where teeth can shift their position, start wobbling, and hurt when you chew or may lose your teeth

Signs and symptoms of periodontitis can include:

1. Noticing signs of swollen or puffy gums
2. Change in the color of the gums somewhat like bright red, dusky red, or purplish.
3. Feels tender when touched
4. Gums Bleeding gums.
5. Blood comes out. while brushing or flossing your teeth
6. Building of pus between the teeth and gums
7. Pain while chewing food.
8. Tooth loosening
9. Receding gums and change in the bite.



Deep cleaning can be beneficial for gum diseases and control bacteria build-up.

Diagnosis of Periodontal disease:

At a dental visit, your dentist will firstly:

1. Examine the condition of your gums and form a report of any signs of inflammation.
2. The dentist will check the pockets around the teeth with a measuring tool called a probe without any pain.
3. Your dentist will ask you regarding your medical record to determine any risk factors like diabetes or smoking that may contribute to gum disease.

4. The dentist will take an x-ray to look for bone loss.

Professional experts perform [periodontal disease treatment](#) in treating and diagnosing gum disease. [Gum disease treatment in Houston](#) will suggest the best for you.

Conclusion:

The main reason periodontal disease happens is bacteria building during the first stage, called gingivitis. These bacteria spread in the bloodstream and can cause serious health issues. Gum disease risk factors are stress, aging, alcohol consumption, depression, and cigarette smoking.

Consult **The best dentist near me** and take a proper checkup of your mouth.

Article Source : <https://www.earticlesource.com/what-is-the-leading-cause-of-periodontal-disease/>