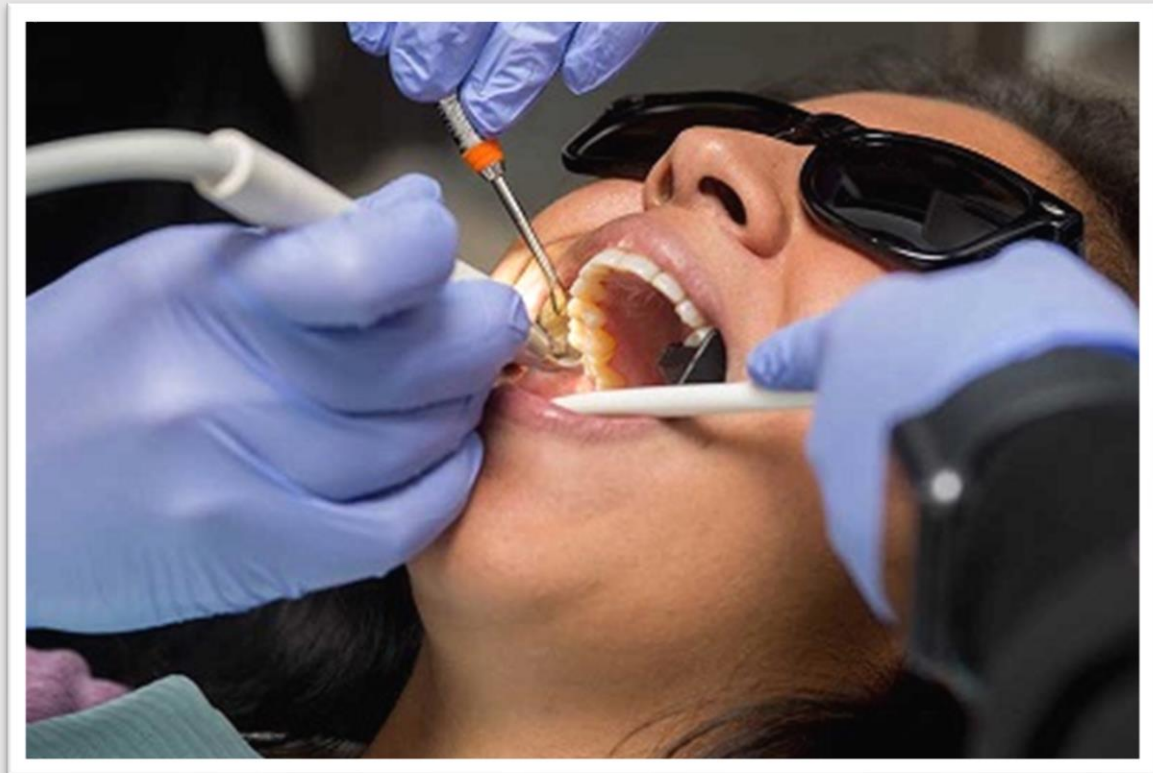


Gum Disease: Treatment, Causes And Precautions

Are your teeth and gums sore or irritated? Are your gums red and painful? Do your teeth and gums ache while you clean or brush? Do you have horrible Breath?

These are all [Gum Disease Symptoms](#). This is a disease produced by bacteria that have been sitting on the teeth and gums. The bacteria invade the gums which encompass and hold the teeth making tissue damage and in drastic cases bone loss. All of this can ultimately direct to tooth loss. Steps can be taken to **Prevent Gum Disease** like taking **Gum Disease Treatment**.

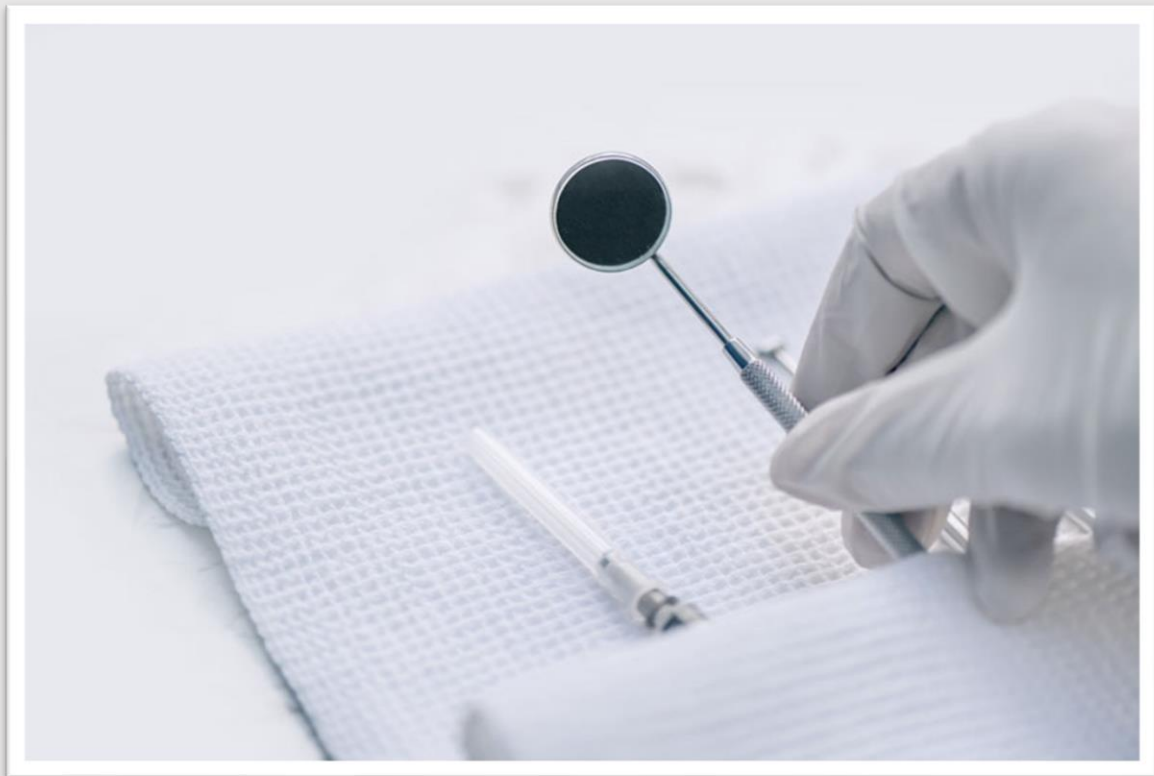


The bacteria expand on the teeth forming a matter recognised as plaque. If this plaque is not eliminated by the **Gum Disease Dentist**, Disease will be serious.

There are 3 levels of Gum Disease:

Gingivitis is the initial stage of Gum Disease. At this step, the tissue and bone encompassing the teeth have not been changed. If detected early Gingivitis can

be repealed. [Gum Disease Causes](#) by inadequate brushing or flossing and overall lack of oral hygiene.



Signs of Gum disease are:

Red or swelled gums

Suffering when brushing

Obvious plaque or tartar encompassing the gum line

Gum recession

Poor Breath and or Poor flavour in your mouth

Gums that have departed, or dragged away, from your teeth, forming a pocket

Differences in the method your teeth fit collectively when you eat

Fluid arising from between your teeth and gums

If left untreated gum problem will worsen. The tissue holding the teeth will start to pull away from the gum forming gum pockets which will catch food and

bacteria. When gum disease gets to this degree it is recognised as Periodontal Disease (the word Periodontal refers to 'around the tooth')

Periodontitis: is an advancing form of gum infection this is when the bacteria have travelled to the roots of the teeth and the disease proceeds to worsen. The gums shrink creating sensitivity.

Threatening Periodontitis: is when the gum holding the teeth is damaged by the infection and the teeth get loose...leaving no other choice but to extract the teeth. That is if they haven't dropped out then!

About 70% of people confer some types of gum infection. Anyone of whatever age is at threat and there are several elements

The main reasons for Gum Disease/Gingivitis are:

Inadequate brushing/flossing

Smoking or alcohol

Some Medicines i.e. epilepsy medicine, supplements and some birth control pills

Diet and lifestyle

Heredity

How to Correct Gum Disease?

Cultivate regular brushing and flossing practices this incorporates cleaning gums as well as teeth at least twice a day.

Visit a Dentist or **emergency dentist near you** every 3-6 months depending on the infection.

While these points support to keep the infection at bay but they do not rectify the disease. The difficulty with traditional methods is that they only undertake one phase of the disease. If you have decided one-dimensional medications like antibacterial toothpaste or mouth-wash and missed, then it's presumably because there are other factors and root conditions that you have not associated with.

Know everything about gum diseases from our experts' visit **thedentisthouston.com** today.