

# All You Should Know About Invisalign

[Invisalign](#) is a great method for straightening teeth without the discomfort or hassle of traditional metal braces. People always wonder how long Invisalign takes for straightening the teeth. For the majority of the adults, treatment with Invisalign generally takes a year although time varies for each individual. Many of us will see the difference in our teeth within three months.

## **Why Time varies from Person to Person?**

Naturally, more critical alignment problems take a longer time for fixing, while minor problems happen very quickly. When the problems are discussed with the patients they ask more specific questions about Invisalign that are discussed below.



## **What is the time taken for crowded teeth?**

A mild case of crowding generally takes six to seven months to fix. More severe problems take a long duration, although in overcrowding cases, orthodontist recommends using headgear or removing teeth.

## **How long Invisalign takes for closing a gap?**

Small gaps take a minimum of two months for fixing. The problem with gaps is they are prone to reform if proper retention techniques are not used. Therefore, Invisalign recommends having a retainer for keeping the gap closed after treatment.

## **For adults, what is the duration required for straightening the teeth?**

The truth is [Invisalign attachments](#) take a little longer time among teenagers but this is more to do with wearing the Invisalign for a certain period of time, not with the structure for younger mouths. Even if you need minor changes for your teeth, treatment can take a longer

duration if you are not wearing your aligner trays for a certain period (usually twenty hours over the course of a day).

Lastly, every person's mouth is differently built. A person's teeth can be a little more stubborn while another person's teeth can move easily. It is impossible to tell how easily one's mouth will change unless you begin the course of treatment. This is the main reason why time varies from person to person for Invisalign.



### **Time is taken by Invisalign for straightening the teeth as compared to Traditional Braces**

**Invisalign Near Me** takes twelve months for straightening while traditional metal braces take an average of two years to straighten your teeth. Traditional braces create a hassle as they are directly attached to the teeth. Invisalign aligner trays are removable that means it is easily removable for eating, speaking in public, brushing, etc. But to get the full effect of the aligner trays you need to wear them for a minimum of twenty-two hours a day.

As the traditional braces need to be tightened after every three weeks, your Invisalign aligner trays also need to be replaced after two weeks. So, the number of visits to your **orthodontist** is more or less the same. The aligner trays are less prone to damage but they can break if you are not careful. But, it is very common in having the wire snap on a set of metal braces or having a bracket fall off that can lengthen your treatment process.